

<h2 style="margin: 0;">Tiger Challenge 2016</h2> <p style="margin: 0;">Hosted by Princeton Tigers Aquatic Club at the DeNunzio Natatorium, Princeton University</p> <p style="margin: 0;">(Held under the sanction of USA Swimming)</p>	
Meet Sanction #	<p><i>NJS051316LC</i></p> <p>In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>
Date of Meet	Friday May 13 th to Sunday May 15 th 2016
Location	DeNunzio Natatorium (directions included), Faculty Road, Princeton University.
Facility Information	DeNunzio Pool is a 50 meter, 8-lane pool with a minimum depth for diving of 9 feet. There is ample seating for spectators.
Meet Director	Ellen W Mace – besmarttinc@gmail.com , 609-558-0988
Meet Referee	Bach LeQuang - blequang@gmail.com
Meet Safety Marshal	Luis Nicolao - nicolao@princeton.edu
Admin Officials	Ellen W Mace – besmarttinc@gmail.com , John Lister – besmarttinc@gmail.com
Team Contact	Luis Nicolao – besmarttinc@gmail.com
Pool Certification Statement	The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition.
Audio/Visual Recording Statement	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
Entry Coordinator	Be Smartt Inc — besmarttinc@gmail.com , 609-558-0988
Entries	<p>Entry Deadline: Thursday May 5, 2016. E-Mail entry file to: besmarttinc@gmail.com. There will be no refunds after the entry deadline except for events that may be scratched from the meet by the Entry Coordinator, or Meet Director, or as required by NJ Swimming. Entries will be acknowledged by e-mail within 48 hours of receipt.</p> <ul style="list-style-type: none"> ▪ Meet entries will be taken until the meet fills. The host club must stay within the four-hour-per-session rule. ▪ Team entries will be considered accepted when entries are input into Meet Manager. ▪ There will be a New Jersey Swimming early entry date. Only New Jersey Swimming Clubs will be accepted up to this date: Friday April 29th, 2016. Provided the meet is not full, all other LSC and NJS entries will be entered after this date on a “when received” basis. ▪ Mail the signed waiver and entry fee check to: Be Smartt, Inc., 604 Paxson Avenue, Mercerville, NJ 08619 ▪ No fax, phone or deck entries will be accepted. ▪ It is not necessary to use overnight or express mail to send the waiver and check, which are sent in support of an e-mailed entry. ▪ Entry forms, verification forms, waiver release, and fees must be received no later than the first session of the meet where the team competes.
Entry Times	<ul style="list-style-type: none"> ▪ New Jersey Swimming does not allow ‘NT’ or ‘No Time’ to be used as an entry time. ▪ All entry times must be in long course meters (LCM). ▪ Converted times from SCY or SCM are acceptable for this meet. ▪ Swimmers with at least one Silver time for the day may compete in 3 events that day in the main session. All swimmers in the 400 Freestyle, 400 IM and 800 Freestyle must have qualified for those events.

Meet Format Waiver	The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for change include: <ul style="list-style-type: none"> ▪ To allow more swimmers to swim.
Internet Website Posting	Internet location for all meet information: http://www.besmarttinc.com Pre-Meet Information posted on website: <ul style="list-style-type: none"> • Meet announcement • Downloadable Hy-Tek Events list (.HYV file) • Teams attending • Updated meet schedule • Warm-up Schedule and Team Warm-up Assignments • Psych sheets for heat-limited events • Timing assignments Post-Meet Information posted on website: <ul style="list-style-type: none"> • Downloadable Results (Zipped .CL2 & .HY3 files) for TM • Printable meet results (.PDF file)
Meet Requirement Statement	In order to be eligible for the New Jersey Swimming Zone Championship Team or for New Jersey Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a New Jersey Swimming sanctioned meet, this meet counts towards these participation requirements.
Coaches Eligibility	<ul style="list-style-type: none"> • All coaches “on the deck” must be currently registered coach members of USA Swimming. • Coaches must show coaching card for entrance to facility. • All coaches must have coaching cards visible at all times while on deck.
Swimmer Eligibility:	<ul style="list-style-type: none"> ▪ All swimmers must be members of USA Swimming to enter and compete in this meet. All swimmers must be listed on a team’s official entry form to be eligible to participate in this swim meet in any events. All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use “UN-<New Team Alpha Code>” as their team affiliation. All unattached swimmers must be listed on the team’s official waiver entry form. ▪ NJ Swimming Silver time standards will be used for this meet. ▪ Swimmers who have a silver time in one event may swim two other events in the session (“Make One, Swim Three”). Swimmers may not use the 400/800 events as “bonus” events, and must qualify for them. ▪ New Jersey Swimming allows swimmers to compete in only 3 individual events per day. ▪ Age for this meet is calculated as of May 13th, 2016.
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
USA-S Deck Change Policy Statement:	Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
Meet Format:	<ul style="list-style-type: none"> ▪ This meet will be run in accordance with current USA Swimming Rules. ▪ This meet will be run as a timed-final meet. ▪ There will be 12 & Under, 13 & Over, and Open events. Except for relays, 12 & Under results will be separated into 10 & Under and 11-12. 13 & Over results will be separated into 13-14 and 15 & Over. ▪ This meet will be deck-seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report directly to the blocks.
400 Freestyle/IM	<ul style="list-style-type: none"> ▪ The 400 Freestyle and 400 IM will be seeded fastest to slowest, alternating genders. ▪ Swimmers must provide their own timers.
800 Freestyle	<ul style="list-style-type: none"> ▪ The 800 Freestyle will be seeded fastest to slowest, alternating genders. ▪ Swimmers must provide their own timers and counters
Meet Schedule:	The building opening time is no sooner than 4:45pm Friday and 6:55am Saturday and Sunday. This meet will have one session on Friday and three sessions per day on Saturday and Sunday.

Meet Schedule

Friday		Warm-Up	Start
Session 1	Open 800s/Relays/50s—Check-in by 5:30pm	5:00pm	6:05pm
Saturday		Warm-Up	Start
Session 2	All 13 & Over—Check-in by 7:30am	7:00am	8:05am
Session 3	Open 400 freestyles—Positive check-in 35 minutes before start <ul style="list-style-type: none"> ▪ <i>Will be run fastest to slowest, alternating genders; swimmers will provide their own timers.</i> ▪ <i>30 minute warm-up period prior to this session.</i> 	TBA **	TBA**
Session 4	All 12 & Under—Check-in 35 minutes before start.	TBA **	TBA **
Sunday		Warm-Up	Start
Session 5	All 13 & Over—Check-in by 7:30am	7:00am	8:05am
Session 6	Open 400 IMs—Positive check-in 35 minutes before start <ul style="list-style-type: none"> ▪ <i>Will be run fastest to slowest, alternating genders; swimmers will provide their own timers and counters.</i> ▪ <i>30 minute warm-up period prior to this session.</i> 	TBA **	TBA **
Session 7	All 12 & Under—Check-in 35 minutes before start.	TBA **	TBA **

**** Start times for sessions after the first each day will be determined and published when entries have been received and a tentative timeline generated**

Warm-up Procedures	<ul style="list-style-type: none"> ▪ Warm-up will be run under New Jersey Swimming warm-up and safety guidelines. Warm-up will include general warm-up lanes with sprint lanes, and pace lanes. ▪ All swimmers must enter the water from the starting end of the pool. ▪ Princeton Tigers Meet Marshals will monitor warm-up. <p>Warm-up procedures based upon number of entries:</p> <ul style="list-style-type: none"> ▪ The warm-ups for the main sessions will be two 30-minute warm-ups divided by teams for 13 & over swimmers and two 25 minute warm-ups divided by teams for 12 & under swimmers. There will be designated sprint lanes/pace lanes during the last 10 minutes. ▪ Warm-ups for the mid-sessions will be a single 30-minute period for all swimmers. ▪ Warm-up information will be published when entries have been received.
Check-In	<ul style="list-style-type: none"> ▪ All check-in sheets must be turned into the scoring table by the scratch dead line before the start of each session. Swimmers who are swimming will have a line through their name. Swimmers who are being scratched will have their names circled with a “SCR” next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with “SCR” next to the circle. ▪ Failure to follow the check-in procedure may result in the swimmer(s) being scratched from the session
Starts	The host club will determine if "overhead/fly-over" starts will be used after a time line has been produced. This information will be published in the pre-meet information and posted at www.BeSmarttInc.com .
Scoring	<ul style="list-style-type: none"> ▪ There will be no team scoring.
Awards	<ul style="list-style-type: none"> ▪ Ribbons will be awarded for the top 8 swimmers in each 12 & under event. ▪ Ribbons will be awarded for the top 3 12 & Under relays ▪ There will be no awards for any 13 & Over events. ▪ There will be no awards for any of the open Friday events. ▪ Coaches need to pick up their team awards behind the glass conference room at the conclusion of the meet.
Entry Fees	Individual event entry fee is \$5.00 except for 800 freestyle events. Entry fee for 800 freestyle events is \$11.00. Make checks payable to Princeton Tigers Aquatics Club
Admissions and Heat Sheets	Admission will be \$10.00 per person/per session, and will include free online heat sheets posted on www.BeSmarttInc.com and Meet Mobile.
Results	<ul style="list-style-type: none"> ▪ Results will be posted at www.besmarttinc.com and on the NJ Swimming website. ▪ Results will be sent to participating teams by e-mail.

Host Club Responsibilities	<ul style="list-style-type: none"> ▪ The host club will provide a single timer in each lane throughout the meet. ▪ The entry coordinator will create a warm-up schedule and timing assignments that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on www.besmarttinc.com no later than one week before the meet.
Participating Club Responsibilities:	<ul style="list-style-type: none"> ▪ Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website www.besmarttinc.com one week prior to the meet. ▪ Participating club parents must stay off the pool deck except to report for timing assignments. ▪ Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary. ▪ Swimmers must provide their own timers for the 400 IM and 400 Freestyle events, and timers and counter for the 800 Freestyle events.
Food Concessions:	<ul style="list-style-type: none"> ▪ Food will be available in the Jadwin Gym.
Vendor:	<ul style="list-style-type: none"> • Metro Swim Shop will be selling merchandise in the Jadwin Gym
Directions:	<p>Princeton University DeNunzio Pool is conveniently located approximately one mile west of Route 1 via Route 571 (Washington Avenue.) At the first light, Faculty Road make a right, the parking lot and the pool is the first entrance on the left.</p>
Hotels:	<ul style="list-style-type: none"> ▪ Holiday Inn, 100 Independence Way, 609-520-1200, ▪ Staybridge Suites, 4375 Route1, 609-951-0009 ▪ Residence Inn by Marriott, 4225 Route 1, 732-329-9600, Includes breakfast ▪ Princeton Courtyard by Marriott, Route 1 and Mapleton Road, 609-716-9100; includes breakfast

PRINCETON TIGERS AQUATICS CLUB

2016 Tiger Challenge

Make-1-Swim-3

Swimmers who qualify for 1 event in a session may swim in 3 events that session.

Order of Events

Session 1 Friday Evening	Faster Than	Session 3 Saturday Mid	Faster Than
Open 800 Free Relay, 50s, 800 Free		Open 400 Freestyles	
Event 1 Women Open 800 Free Relay		Event 25 Women Open 400 Freestyle	5:17.79
Event 2 Men Open 800 Free Relay		Event 26 Men Open 400 Freestyle	4:59.89
Event 3 Women Open 50 Freestyle	32.99		
Event 4 Men Open 50 Freestyle	31.89		
Event 5 Women Open 50 Backstroke	37.99	Session 4 Saturday Afternoon	Faster Than
Event 6 Men Open 50 Backstroke	37.39	All 12 & Under	
Event 7 Women Open 50 Breaststroke	42.79	Event 27 Girls 12 & Under 200 Free Relay	
Event 8 Men Open 50 Breaststroke	41.59	Event 28 Boys 12 & Under 200 Free Relay	
Event 9 Women Open 50 Butterfly	37.59	Event 29 Girls 10 & Under & 11-12 100 Butterfly	1:56.19 1:31.99
Event 10 Men Open 50 Butterfly	37.09	Event 30 Boys 10 & Under & 11-12 100 Butterfly	1:56.19 1:31.99
Event 11 Women Open 800 Freestyle	10:58.99	Event 31 Girls 10 & Under & 11-12 50 Backstroke	49.89 42.49
Event 12 Men Open 800 Freestyle	10:22.29	Event 32 Boys 10 & Under & 11-12 50 Backstroke	49.89 42.49
		Event 33 Girls 10 & Under & 11-12 50 Freestyle	40.89 35.69
Session 2 Saturday Morning	Faster Than	Event 34 Boys 10 & Under & 11-12 50 Freestyle	40.89 35.69
All 13 & Over		Event 35 Girls 10 & Under & 11-12 100 Breaststroke	2:02.39 1:43.69
Event 13 Women 13 & Over 200 Free Relay		Event 36 Boys 10 & Under & 11-12 100 Breaststroke	2:02.39 1:43.69
Event 14 Men 13 & Over 200 Free Relay		Event 37 Girls 10 & Under & 11-12 200 Freestyle	3:23.79 2:48.69
Event 15 Women 13-14 & 15 & Over 200 IM	2:57.39 2:50.09	Event 38 Boys 10 & Under & 11-12 200 Freestyle	3:23.79 2:48.69
Event 16 Men 13-14 & 15 & Over 200 IM	2:54.69 2:38.99		
Event 17 Women 13-14 & 15 & Over 100 Butterfly	1:23.39 1:18.99		
Event 18 Men 13-14 & 15 & Over 100 Butterfly	1:20.29 1:14.29		
Event 19 Women 13-14 & 15 & Over 200 Backstroke	2:59.39 2:50.09		
Event 20 Men 13-14 & 15 & Over 200 Backstroke	2:55.29 2:41.99		
Event 21 Women 13-14 & 15 & Over 100 Freestyle	1:11.49 1:09.49		
Event 22 Men 13-14 & 15 & Over 100 Freestyle	1:09.89 1:03.09		
Event 23 Women 13-14 & 15 & Over 200 Breaststroke	3:23.69 3:15.69		
Event 24 Men 13-14 & 15 & Over 200 Breaststroke	3:19.29 3:04.49		

PRINCETON TIGERS AQUATICS CLUB

2015 Tiger Challenge

Make-1-Swim-3

Swimmers who qualify for 1 event in a session may swim in 3 events that session.

Order of Events

Session 5 Sunday Morning All 13 & Over	Faster Than	Session 6 Sunday Afternoon All 12 & Under	Faster Than
Event 39 Women 13 & Over 200 Medley Relay		Event 53 Girls 12 & Under 200 Medley Relay	
Event 40 Men 13 & Over 200 Medley Relay		Event 54 Boys 12 & Under 200 Medley Relay	
Event 41 Women 13-14 & 15 & Over 200 Freestyle	2:35.09 2:29.19	Event 55 Girls 10 & Under & 11-12 100 Freestyle	1:32.99 1:17.49
Event 42 Men 13-14 & 15 & Over 200 Freestyle	2:32.99 2:18.39	Event 56 Boys 10 & Under & 11-12 100 Freestyle	1:32.99 1:17.49
Event 43 Women 13-14 & 15 & Over 100 Backstroke	1:22.89 1:19.19	Event 57 Girls 10 & Under & 11-12 50 Breaststroke	55.09 47.09
Event 44 Men 13-14 & 15 & Over 100 Backstroke	1:20.69 1:13.59	Event 58 Boys 10 & Under & 11-12 50 Breaststroke	55.09 47.09
Event 45 Women 13-14 & 15 & Over 50 Freestyle	32.99 32.09	Event 59 Girls 10 & Under & 11-12 50 Butterfly	48.59 39.99
Event 46 Men 13-14 & 15 & Over 50 Freestyle	31.89 28.99	Event 60 Boys 10 & Under & 11-12 50 Butterfly	48.59 39.99
Event 47 Women 13-14 & 15 & Over 100 Breaststroke	1:33.59 1:30.19	Event 61 Girls 10 & Under & 11-12 100 Backstroke	1:48.89 1:31.39
Event 48 Men 13-14 & 15 & Over 100 Breaststroke	1:31.29 1:25.29	Event 62 Boys 10 & Under & 11-12 100 Backstroke	1:48.89 1:31.39
Event 49 Women 13-14 & 15 & Over 200 Butterfly	3:04.89 2:59.09	Event 63 Girls 10 & Under & 11-12 200 IM	3:47.29 3:15.19
Event 50 Men 13-14 & 15 & Over 200 Butterfly	3:01.09 2:44.49	Event 64 Boys 10 & Under & 11-12 200 IM	3:47.29 3:15.19
Session 6 Sunday Mid Open 400 IMs	Faster Than		
Event 51 Women Open 400 IM	6:11.59		
Event 52 Men Open 400 IM	5:54.09		



NEW JERSEY SWIMMING

2016 Tiger Challenge

Friday-Sunday May 13th-15th

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Princeton University, Princeton Tigers Aquatics Club, Be Smartt Inc and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the Princeton Tigers Aquatics Club Tiger Challenge meet on **May 13th-15th, 2016** are registered members of USA Swimming. All USA Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code _____

Signature of Coach and/or Parent/Guardian _____

Telephone _____ E-Mail Address _____

Name(s) of Coach(es): _____

Name/E-Mail/Phone Number of person to contact regarding this entry: _____

Name/E-Mail/Phone Number of person to contact regarding timers/officials: _____

Entry Fee Summary:	_____	Non-800m Individual event entries @ \$5.00 =	\$ _____
	_____	800m Individual event entries @ \$11.00 =	\$ _____
	_____	Relay event entries @ \$9.00 =	\$ _____
		Total:	\$ _____

Make checks payable to: **Princeton Tigers Aquatics Club**

Article 302.4 of the USA Swimming Rules and Regulations

False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

List all Unattached Swimmers:

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____