

Name of Meet	<h1 style="text-align: center;">Tiger Invitational 2016</h1> <p style="text-align: center;">Hosted by Princeton Tigers Aquatic Club at the DeNunzio Natatorium, Princeton University <i>Held under the sanction of USA Swimming</i></p>
Meet Sanction #	<p>NJS011616SC</p> <p>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>
Date of Meet	Saturday January 16 th and Sunday January 17 th , 2016
Location	DeNunzio Natatorium (directions included), Faculty Road, Princeton University.
Facility Information	The DeNunzio pool is a 50-meter 8-lane pool with a minimum depth for diving of 9 feet. Two 8-lane by 25 yard courses will be used. (Main pool: 9' at dive end, 12' at turn; Dive pool: 12' at dive end, 17' at turn). There is ample seating for spectators.
Pool Certification Statement	The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition.
Audio/Visual Recording Statement	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
Meet Director	Ellen W Mace— entries1@juno.com 609-558-0988
Administrative Official:	Ellen Mace – entries1@juno.com
Team Contact	Luis Nicolao— nicolao@princeton.edu
Meet Referee	Bach Lequang— blequang@gmail.com
Meet Safety Marshall	Luis Nicolao— nicolao@princeton.edu
Entry Coordinator	Be Smartt Inc— entries1@juno.com , 609.558.0988
Entry Deadline:	<p>Entry Deadline: Saturday January 2nd, 2016. E-Mail entry file to: entries1@juno.com. There will be no refunds after the entry deadline except for events that may be scratched from meet by the Entry Coordinator or Meet Director, or as required by NJ Swimming. Entries will be acknowledged within 48 hours of receipt.</p> <ul style="list-style-type: none"> • All entries will be accepted on a first come basis. • Mail the signed waiver and entry fee check to: Be Smartt, Inc., 604 Paxson Avenue, Mercerville, NJ 08619 • Entry forms, verification forms, waiver release, and fees must be received no later than the first session of the meet where the team competes. • Team entries will be considered accepted when the host club accepts the entries. • Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule.
Meet Format Waiver:	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chair and either the age group or senior chair. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include:</p> <ul style="list-style-type: none"> • To allow more swimmers to swim. • To conform to facility capacity limits or for facility safety concerns. • To condense the meet into smaller time period. <p>Some of the changes that may be made include: 1) add a session, 2) limiting heats in distance events, 3) condense sessions and 4) eliminate relays.</p>
Meet Requirement Statement:	In order to be eligible for the New Jersey Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a New Jersey Swimming sanctioned meet, this meet counts towards

	those participation requirements.
Coaches Eligibility:	<ul style="list-style-type: none"> All coaches "on the deck" must be currently registered coach members of USA Swimming. Coaches must show coaching card for entrance to facility. All coaches must have coaching cards visible at all times while on deck.
Internet Website Posting:	<p>Internet location for all meet information: http://www.besmarttinc.com</p> <p>Pre-Meet Information posted on website.</p> <ul style="list-style-type: none"> Meet Information will be posted on the website. Downloadable Hy-Tek Events list (.HYV file) will be posted on the website. List Teams whose entries have been received. List Updated meet schedule. List Warm-up Schedule and Team Warm-up Assignments. Psych sheets for heat-limited events. List Timing assignments. <p>Post-Meet Information posted on website.</p> <ul style="list-style-type: none"> Downloadable Results (Zipped .CL2 & .HY3 files) for TM Printable meet results (.PDF file)
Swimmer Eligibility:	<ul style="list-style-type: none"> All swimmers must be members of USA Swimming to enter and compete in this meet. All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form. There will be 10 & Under, 11-12, 13-14, 15 & Over, and Open events. There will be no qualifying times for this meet. New Jersey Swimming Policy allows swimmers to compete in three individual events per day. Swimmers may compete in one relay per day. Age for this meet is calculated as of: Saturday January 16th, 2016
USA-S Racing Start Certification Statement:	<ul style="list-style-type: none"> Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
USA-S Deck Change Policy Statement:	Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
Meet Format:	<ul style="list-style-type: none"> * This meet will be run in accordance to current USA Swimming Rules. * This meet will be run as a timed final meet. * This meet will be run using two pools. Pools will be divided by age groups once all entries are received and a time-line established. This information will be sent via e-mail to participating teams and posted on the meet website www.besmarttinc.com. * This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks on their own.
Facility Schedule	* The building opening time is no earlier than 6:55am Saturday & Sunday.

Meet Schedule

Saturday, January 16 th		Warm-up	Start
Session 1 & 2	12 & Under Girls and Boys Events	7:00am	8:05am
Session 3 & 4	All 500 Freestyles	TBA *	Warm-Up + 35 minutes
Session 5 & 6	13 & Over Girls and Boys Events	TBA *	Warm-Up + 65 minutes
Sunday, January 17 th		Warm-up	Start
Session 7 & 8	12 & Under Girls and Boys Events	7:00am	8:05am
Session 9 & 10	All 400 IMs	TBA *	Warm-Up + 35 minutes
Session 11 & 12	13 & Over Girls and Boys Events	TBA *	Warm-Up + 65 minutes

- * Warm-ups for the sessions each day after the first will be determined when entries are received and a timeline developed. They will be published on www.besmarttinc.com and sent to coaches of participating teams.

Warm-up Procedures	<ul style="list-style-type: none"> • Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes. • Swimming equipment is not allowed in the competition pool during all warm-up sessions. This includes kick boards, hand paddles, and pull buoys. • All swimmers are entitled to a fair and comparable warm-up. All teams must receive the same opportunities for warm-up lanes, sprint lanes, and pace lanes. • All swimmers must enter the pool feet first from the starting end of the pool. • New Jersey Swimming officials will monitor warm-ups. • All general warm-up lanes will swim in a counterclockwise direction. • There will be two 30-minute warm-ups divided by teams. • For the 500 freestyle and 400 IM, there will be one 30-minute warm-up session. This warm-up may be in one of the pools while the other pool is still in session.
Entry Times	<ul style="list-style-type: none"> • New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. • All entry times must be in short course yards. Converted times are acceptable.
Check-In	<ul style="list-style-type: none"> • All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through their name and the event number circled with "SCR" next to the circle. • Failure to follow this procedure may result in the swimmer(s) being scratched from the session.
Starts	<ul style="list-style-type: none"> • The host club will determine if 'Fly-over/Over-the-top' starts will be used after a time line has been produced. This information will be posted in the pre-meet information e-mailed to coaches.
Distance Events:	<ul style="list-style-type: none"> • The 400 yard IM and 500 yard Freestyle events will be run slowest to fastest. • Swimmers in these events are responsible to supply their own timer and person to count (500).
Heat Limited Events	<ul style="list-style-type: none"> • The Open 400 yard IM and 500 yard Freestyle may be limited so that the middle distance sessions each day are no more than two hours each, excluding warm-ups, depending on the timeline developed after entries are received. Swimmers whose seed times place them below the heat limitation will have the option to pick another event or remain in the event and possibly compete because of day-of-meet scratches. Swimmers who do not switch events and do not compete in the heat-limited event will have their entry fee refunded within one week of the meet. Psych sheets will be posted on the meet web site no later than one week before the meet start.
Scoring:	<ul style="list-style-type: none"> • Team Scoring will not be kept.
Awards:	<ul style="list-style-type: none"> • Medals will be awarded for the top three swimmers in each individual event. • Medals will be awarded to the top 3 relays in each relay event.
Entry Fees:	<ul style="list-style-type: none"> • Individual Entry Fee: \$4.00 • Relay Entry Fee: \$8.00 • Make checks payable to: Princeton Tigers Aquatics Club • Host club has the right to scratch teams/swimmers for lack of payment of entry fees, lack of completed and signed waiver forms. • Special Notice: All entries fees must be paid no later than Session Check-in of the first session the team is entered in. If a team fails to make payment by that time all their swimmers may be scratched, at the discretion of the Host Team.
Admissions:	<ul style="list-style-type: none"> • Admission will be \$10.00 per session, including heat sheets on Meet Mobile. A limited number of printed heat sheets will be available at \$5 each.
Results:	<ul style="list-style-type: none"> • Results will be e-mailed to teams participating in the meet. • Results will be posted on the meet website.

Host Club Responsibilities:	<ul style="list-style-type: none"> • The host club will provide a single timer in each lane throughout the meet, except for the distance events (400 IM, 500 Free) where swimmers will provide their own timers and lap counters (500). • The host club will have stopwatches available for volunteers helping to time. • The host club will e-mail entry verification back to the participating clubs. • The host club will create a warm-up schedule that will be fair and equal to all teams. • The host club will create timing assignments that are fair and equitable with as many teams participating as possible. • Warm-up schedules and assignments, and timing assignments will be e-mailed to all participating clubs and posted on the website www.besmarttinc.com no later than 1 week before the meet.
Participating Club Responsibilities:	<ul style="list-style-type: none"> • Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: www.besmarttinc.com 1 week prior to the meet. • Participating club parents must stay off the pool deck except for timing assignments. • Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.
Concessions:	<ul style="list-style-type: none"> • Food and drink will be available in the Jadwin Gymnasium, next door to the DeNunzio Natatorium.
Vendor:	<ul style="list-style-type: none"> • A swim vendor will be at the meet.
Hotels:	<ul style="list-style-type: none"> • Holiday Inn, 100 Independence Way. 609-520-1200 Ask for special rate • Staybridge Suites, 4375 Route 1. 609-951-0009 Ask for sports group rate • Residence Inn by Marriott, 4225 Route 1. 732-329-9600 Rates include breakfast • Princeton Courtyard by Marriott, Route 1 & Mapleton Rd. 609-726-9100 Rates include breakfast
Directions	Princeton University DeNunzio pool is conveniently located approximately one mile west of Route 1. Turn West onto Route 571 (Washington Avenue). Cross the bridge over Carnegie Lake. At the first light, turn right onto Faculty Road. The pool, followed by the parking lot will be on your left.

New Jersey Swimming
Tiger Challenge 2016
 Saturday-Sunday, January 16th-17th, 2016

Saturday Order of Events

Morning: Sessions #1 & #2—12 & Under Girls & Boys

Saturday Morning Schedule

Warm-ups: 7:00am

Meet Start: 8:05am

Girls	Age Group and Event	Boys
#1	10 & Under 200 Freestyle Relay	#2
#3	11-12 200 Freestyle Relay	#4
#5	10 & Under 200 Freestyle	#6
#7	11-12 200 Freestyle	#8
#9	10 & Under 100 Backstroke	#10
#11	11-12 100 Backstroke	#12
#13	10 & Under 50 Freestyle	#14
#15	11-12 50 Freestyle	#16
#17	10 & Under 100 Butterfly	#18
#19	11-12 100 Butterfly	#20
#21	10 & Under 50 Breaststroke	#22
#23	11-12 50 Breaststroke	#24
#25	10 & Under 200 IM	#26
#27	11-12 200 IM	#28

Midday: Sessions #3 & #4—All 500 Freestyles

Saturday Midday Schedule

Warm-ups: TBA

Meet Start: 35 min after warm-up

Girls	Age Group and Event	Boys
#29	Open 500 Freestyle**	#30

** Notes: Heats may be limited. Events will swim slowest to fastest. Swimmers must provide their own timers & counters.

Afternoon: Sessions #7 & #8—13 & Over Girls & Boys

Saturday Afternoon Schedule

Warm-ups: TBA

Meet Start: 65 min after warm-ups

Girls	Age Group and Event	Boys
#31	13-14 200 Freestyle Relay	#32
#33	15 & Over 200 Freestyle Relay	#34
#35	13-14 200 IM	#36
#37	15 & Over 200 IM	#38
#39	13-14 100 Freestyle	#40
#41	15 & Over 100 Freestyle	#42
#43	13-14 200 Butterfly	#44
#45	15 & Over 200 Butterfly	#46
#47	13-14 100 Breaststroke	#48
#49	15 & Over 100 Breaststroke	#50
#51	13-14 200 Backstroke	#52
#53	15 & Over 200 Backstroke	#54

New Jersey Swimming
Tiger Challenge 2016
 Saturday-Sunday, January 16th-17th, 2016

Sunday Order of Events

Morning: Sessions #7 & #8—12 & Under Girls & Boys

Sunday Morning Schedule Warm-ups: 7:00am Meet Start: 8:05am

Girls	Age Group and Event	Boys
#55	10 & Under 200 Medley Relay	#56
#57	11-12 200 Medley Relay	#58
#59	10 & Under 100 IM	#60
#61	11-12 100 IM	#62
#63	10 & Under 50 Butterfly	#64
#65	11-12 50 Butterfly	#66
#67	10 & Under 100 Freestyle	#68
#69	11-12 100 Freestyle	#70
#71	10 & Under 50 Backstroke	#72
#73	11-12 50 Backstroke	#74
#75	10 & Under 100 Breaststroke	#76
#77	11-12 100 Breaststroke	#78

Midday: Sessions #9 & #10—All 400 IMs

Sunday Midday Schedule Warm-ups: TBA Meet Start: 35 min after warm-up

Girls	Age Group and Event	Boys
#79	Open 400 IM**	#80

** Notes: Heats may be limited. Events will swim slowest to fastest. Swimmers must provide their own timers.

Afternoon: Sessions #11 & #12—13 & Over Girls & Boys

Sunday Afternoon Schedule Warm-ups: TBA Meet Start: 65 min after warm-ups

Girls	Age Group and Event	Boys
#81	13-14 200 Medley Relay	#82
#83	15 & Over 200 Medley Relay	#84
#85	13-14 50 Freestyle	#86
#87	15 & Over 50 Freestyle	#88
#89	13-14 100 Butterfly	#90
#91	15 & Over 100 Butterfly	#92
#93	13-14 100 Backstroke	#94
#95	15 & Over 100 Backstroke	#96
#97	13-14 200 Breaststroke	#98
#99	15 & Over 200 Breaststroke	#100
#101	13-14 200 Freestyle	#102
#103	15 & Over 200 Freestyle	#104



NEW JERSEY
SWIMMING

2016 Tiger Invitational

Saturday-Sunday January 16th-17th

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Princeton University, Princeton Tigers Aquatics Club, Be Smartt Inc and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the Princeton Tigers Aquatics Club Tiger Invitational meet on January 16th-17th, 2016 are registered members of USA Swimming. All USA Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code _____

Signature of Coach and/or Parent/Guardian _____

Telephone _____ E-Mail Address _____

Name(s) of Coach(es): _____

Name/E-Mail/Phone Number of person to contact regarding this entry:

Name/E-Mail/Phone Number of person to contact regarding timers/officials:

Entry Fee Summary: _____ Individual event entries @ \$4.00 = \$ _____

_____ Relay event entries @ \$8.00 = \$ _____

Total: \$ _____

Make checks payable to: Princeton Tigers Aquatics Club

Article 302.4 of the USA Swimming Rules and Regulations

False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

List all Unattached Swimmers:

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____