



# Caitlin Lehmann Memorial Mini and 11 & Over Meet

Hosted by the Cougar Aquatic Team  
at the Secaucus Swim Center  
(Held under the sanction of USA Swimming)

<b>Meet Sanction #:</b>	<b>NJS120515SC</b> In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
<b>Host Club:</b>	<b>Cougar Aquatic Team</b>
<b>Date of Meet:</b>	<b>Sunday, December 6<sup>TH</sup>, 2015</b>
<b>Location:</b>	<b>Secaucus Swim Center, 2000 Koelle Blvd, Secaucus, NJ 07094</b>
<b>Facility Info:</b>	The Secaucus Swim Center is a 6 lane 25 yard pool, with Colorado Timing. There is gallery seating for all participants and spectators. The depth of the pool at the block end is 7 feet; the depth of the pool at the turn end is 4 feet.
<b>Pool Certification Statement:</b>	The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition.
<b>Audio/Visual Recording Statement</b>	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
<b>Internet Address</b>	Internet location for all meet information: <a href="http://www.besmarttinc.com">www.besmarttinc.com</a>
<b>Meet Director:</b>	<b>Kim Rozanitis: <a href="mailto:krozanitis@hotmail.com">krozanitis@hotmail.com</a></b>
<b>Meet Referee:</b>	<b>Michael Chow, <a href="mailto:michaelchow39@gmail.com">michaelchow39@gmail.com</a></b>
<b>Meet Safety Marshal:</b>	<b>Eric Harse: <a href="mailto:ericharse@gmail.com">ericharse@gmail.com</a></b>
<b>Team Contact</b>	<b>Eric Harse: <a href="mailto:ericharse@gmail.com">ericharse@gmail.com</a></b>
<b>Entry Coordinator:</b>	<b>Be Smartt, Inc., 604 Paxson Avenue, Mercerville, NJ 08619</b> <b>Phone: 609-558-0988</b> <b>E-Mail: <a href="mailto:entries1@juno.com">entries1@juno.com</a></b> <ul style="list-style-type: none"><li>• When e-mailing your entries, please put <b>CLEHMANN12062015</b> in the subject line.</li><li>• Best time to call: After 8:00PM and weekends</li></ul>
<b>Entry Deadline and Procedure:</b>	<ul style="list-style-type: none"><li>• All entries will be accepted on a first come basis.</li><li>• Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule.</li><li>• Entry Deadline Date: <b>Saturday, November 21<sup>st</sup>, 2015</b></li><li>• Email entries to: <a href="mailto:entries1@juno.com">entries1@juno.com</a></li><li>• Mail the signed Entry Summary/Waiver form, Meet Verification form, and entry fee check to: <b>BE Smartt, Inc, 604 Paxson Avenue, Mercerville, NJ 08619</b></li><li>• When e-mailing your entries, please put <b>CLEHMANN12062015</b> in the subject line.</li><li>• It is not necessary to use overnight or express mail to send a hard copy and check which are sent in support of an email entry.</li></ul>

<b>Meet Format Waiver:</b>	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include:</p> <ul style="list-style-type: none"> <li>• To allow more swimmers to swim.</li> <li>• To conform to facility capacity limits or for facility safety concerns.</li> <li>• To condense the meet into smaller time frame.</li> </ul> <p>Some of the changes that can be made: 1) add a session, 2) heat limit distance events, and 3) condense sessions.</p>
<b>Internet Website Posting:</b>	<p><b>Swim Meet Website: <a href="http://www.besmarttinc.com">www.besmarttinc.com</a></b>  Pre-Meet Information posted on website.</p> <ul style="list-style-type: none"> <li>• Meet Information will be posted on the website.</li> <li>• Downloadable Hy-Tek Events list (.HYV file) will be posted on the website.</li> <li>• List Teams whose entries have been received.</li> <li>• List Updated meet schedule.</li> <li>• List Warm-up Schedule and Team Warm-up Assignments.</li> <li>• List Timing assignments.</li> </ul> <p>Post-Meet Information posted on website.</p> <ul style="list-style-type: none"> <li>• Downloadable Results (Zipped .HY3 and .CL2 files)</li> <li>• Printable meet results</li> </ul>
<b>Meet Requirement Statement:</b>	<p>In order to be eligible for the New Jersey Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts towards those participation requirements.</p>
<b>Coaches' Eligibility:</b>	<ul style="list-style-type: none"> <li>• All coaches "on the deck" must be currently registered coach members of USA Swimming.</li> <li>• All coaches must display their current Swimming card at all times.</li> </ul>
<b>Swimmer Eligibility:</b>	<ul style="list-style-type: none"> <li>• All swimmers must be members of USA Swimming to enter and compete in this meet.</li> </ul> <p>Unattached Swimmers.</p> <ul style="list-style-type: none"> <li>• All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form.</li> </ul> <p>Age Groups that will be offered.</p> <ul style="list-style-type: none"> <li>• There will be 5-6, 7-8, 9-10, 11-12, 13-14, and 15-19 events.</li> <li>• No Time standards will be used.</li> </ul> <p>Individual Entry Limits:</p> <ul style="list-style-type: none"> <li>• New Jersey Swimming only allows swimmers to compete in 3 individual events per day.</li> </ul> <p>Age at Meet:</p> <ul style="list-style-type: none"> <li>• Age for this meet is as of: <b>December 6<sup>th</sup>, 2015</b></li> </ul>
<b>USA-S Racing Start Certification Statement:</b>	<p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p>
<b>USA-S Deck Change Policy Statement:</b>	<p>Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</p>
<b>Meet Format:</b>	<ul style="list-style-type: none"> <li>• This meet will be run in accordance to current USA Swimming Rules.</li> <li>• This meet will be run as a timed final meet.</li> <li>• This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks.</li> <li>• Many of the events in the 11-over session will combine age-groups for competition. However, these events will be scored and award medals to each of the individual age-groups in the event (11-12, 13-14, 15-19).</li> </ul>

## Meet Schedule

This is a one day meet consisting of two sessions:

Sunday, December 6 <sup>th</sup> , 2015	Warm-up Time	Start Time
Session #1 - Morning Mini Meet Events for 10 & Unders	7:00am	8:05am
Session #2 - Afternoon 11 & Over Events	TBA**	TBA**

\*\* Warm-up and start times for Session 2 will be determined and posted when all entries have been received.

<b>Warm-up Procedures:</b>	<ul style="list-style-type: none"> <li>Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes.</li> <li>All swimmers must enter the pool from the starting end of the pool.</li> <li>New Jersey Swimming officials will monitor warm-ups.</li> </ul> <p><b>Warm-up Procedures based upon number of entries:</b></p> <ul style="list-style-type: none"> <li>There will be a one-hour warm-up session with sprint lanes offered in the final 15 minutes of warm-ups. <i>Or (based on the number of swimmers/teams in the meet)</i></li> <li>The warm-up sessions will be two 30-minute warm-ups divided by teams. There will be designated sprint lanes/pace lanes during the last 10 minutes.</li> <li>Teams will be notified via email and on the web at <a href="http://www.besmartinc.com">www.besmartinc.com</a> as to which warm-up procedure and schedule will be in force after all entries are received.</li> </ul>
<b>Entry Times:</b>	<ul style="list-style-type: none"> <li>New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time.</li> <li>There will be no qualifying times for this meet.</li> <li>All entry times must be in short course yards.</li> </ul>
<b>Check-In:</b>	<ul style="list-style-type: none"> <li>All check-in sheets must be turned into the scoring table 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle. Failure to follow this procedure may result in the swimmer(s) being scratched from the session.</li> </ul>
<b>Starts:</b>	<ul style="list-style-type: none"> <li>The host club will determine if 'Fly-over'/'Over-the-top' starts will be used after a time line has been produced. This information will be posted in the pre-meet information.</li> </ul>
<b>Scoring:</b>	<ul style="list-style-type: none"> <li>No team scoring</li> </ul>
<b>Awards:</b>	<ul style="list-style-type: none"> <li>Medals will be awarded for the top 3 swimmers in each individual event and each of the designated age groups: 5-6, 7-8, 9-10, 11-12, 13-14, 15-19).</li> </ul>
<b>Entry Fees:</b>	<ul style="list-style-type: none"> <li>Individual event entry fee: \$4.00</li> <li>Make checks payable to: <b>In Depth Aquatics</b></li> </ul>
<b>Admissions and Programs:</b>	<ul style="list-style-type: none"> <li>Spectator admission will be \$5.00 per session.</li> <li>Cost of Heat sheets will be \$5.00 per session.</li> </ul>
<b>Entries:</b>	<ul style="list-style-type: none"> <li>In accordance with NJS policy, team entries may be submitted by E-mail to: <a href="mailto:entries1@juno.com">entries1@juno.com</a> (When e-mailing your entries, please put <b>CLEHMANN12062015</b> in the subject line.)</li> <li>All entries must be Hy-Tek program entries as an attached file to an e-mail.</li> <li>The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone.</li> <li>An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry.</li> <li>Accuracy of seed times is essential. Incomplete entries will not be accepted.</li> <li>Deck entries will not be accepted. No phone or faxed entries will be accepted.</li> </ul>
<b>Results:</b>	<ul style="list-style-type: none"> <li>Results will be sent via email to all participating teams.</li> <li>Results can be found at <a href="http://www.besmartinc.com">www.besmartinc.com</a></li> </ul>

<b>Host Club Responsibilities:</b>	<ul style="list-style-type: none"> <li>• The host club will provide a single timer in each lane throughout the meet.</li> <li>• The host club will have stopwatches available for volunteers helping to time.</li> <li>• The host club will e-mail all club entries back to the participating clubs.</li> <li>• The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website: <a href="http://www.besmarttinc.com">www.besmarttinc.com</a> no later than one week before the meet.</li> <li>• The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the website: <a href="http://www.besmarttinc.com">www.besmarttinc.com</a> no later than 1 week before the meet.</li> </ul>
<b>Participating Club Responsibilities:</b>	<ul style="list-style-type: none"> <li>• Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: <a href="http://www.besmarttinc.com">www.besmarttinc.com</a> one week prior to the meet.</li> <li>• Participating club parents must stay off the pool deck except for timing assignments.</li> <li>• Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.</li> </ul>
<b>Concessions:</b>	<ul style="list-style-type: none"> <li>• A food concession will be available.</li> </ul>
<b>Vendor:</b>	<ul style="list-style-type: none"> <li>• A swim vendor will be at the meet.</li> </ul>
<b>Directions:</b>	<p>From the NJ Turnpike:  Take Exit 16E toward the Lincoln Tunnel/RT-3. Take the NJ3 exit on the left toward Secaucus. Turn right onto Paterson Plank Road. Take the RT-3 W ramp. Turn slight right onto RT-3W. Take the ramp toward Secaucus. Turn right onto Radio Avenue. Turn right onto Huber Street. Take the 2<sup>nd</sup> left onto Koelle Blvd.</p>

# The 2015 Caitlin Lehmann Memorial Meet

## Order of Events

*(There are no qualifying times for this meet.)*

### Session #1 Sunday Morning

7:00am Warm-up; 8:05am Start

Event 1 Girls 9-10 50 Free  
Event 2 Boys 9-10 50 Free  
Event 3 Girls 7-8 50 Free  
Event 4 Boys 7-8 50 Free  
Event 5 Girls 5-6 25 Free  
Event 6 Boys 5-6 25 Free  
Event 7 Girls 9-10 50 Back  
Event 8 Boys 9-10 50 Back  
Event 9 Girls 7-8 50 Back  
Event 10 Boys 7-8 50 Back  
Event 11 Girls 5-6 25 Back  
Event 12 Boys 5-6 25 Back

Event 13 Girls 9-10 100 IM  
Event 14 Boys 9-10 100 IM  
Event 15 Girls 9-10 50 Breast  
Event 16 Boys 9-10 50 Breast  
Event 17 Girls 7-8 25 Breast  
Event 18 Boys 7-8 25 Breast  
Event 19 Girls 9-10 50 Fly  
Event 20 Boys 9-10 50 Fly  
Event 21 Girls 7-8 25 Fly  
Event 22 Boys 7-8 25 Fly  
Event 23 Girls 7-8 100 IM  
Event 24 Boys 7-8 100 IM

### Session #2 Sunday Afternoon

Warm-up and Start times to be announced

Event 25 Girls 11-12 200 IM  
Event 25 Girls 13-14 200 IM  
Event 25 Girls 15-19 200 IM  
Event 26 Boys 11-12 200 IM  
Event 26 Boys 13-14 200 IM  
Event 26 Boys 15-19 200 IM  
Event 27 Girls 11-12 100 Free  
Event 27 Girls 13-14 100 Free  
Event 28 Boys 11-12 100 Free  
Event 28 Boys 13-14 100 Free  
Event 29 Girls 15-19 200 Free  
Event 30 Boys 15-19 200 Free  
Event 31 Girls 11-12 100 Back  
Event 32 Boys 11-12 100 Back  
Event 33 Girls 13-14 200 Back  
Event 33 Girls 15-19 200 Back  
Event 34 Boys 13-14 200 Back  
Event 34 Boys 15-19 200 Back

Event 35 Girls 11-12 50 Breast  
Event 36 Boys 11-12 50 Breast  
Event 37 Girls 13-14 100 Breast  
Event 37 Girls 15-19 100 Breast  
Event 38 Boys 13-14 100 Breast  
Event 38 Boys 15-19 100 Breast  
Event 39 Girls 11-12 100 Fly  
Event 39 Girls 13-14 100 Fly  
Event 39 Girls 15-19 100 Fly  
Event 40 Boys 11-12 100 Fly  
Event 40 Boys 13-14 100 Fly  
Event 40 Boys 15-19 100 Fly  
Event 41 Girls 11-12 50 Free  
Event 41 Girls 13-14 50 Free  
Event 41 Girls 15-19 50 Free  
Event 42 Boys 11-12 50 Free  
Event 42 Boys 13-14 50 Free  
Event 42 Boys 15-19 50 Free



NEW JERSEY SWIMMING

# 2015 Caitlin Lehmann Memorial Meet

Sunday December 6<sup>th</sup>

### Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, In Depth Aquatics (dba Cougar Aquatic Club), Secaucus Community Center, Be Smartt, Inc., and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

### Meet Verification

I hereby certify that all entered swimmers and coaches listed on this form are registered members of USA Swimming. All USA Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code \_\_\_\_\_

Signature of Coach and/or Parent/Guardian \_\_\_\_\_

Telephone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Name(s) of Coach(es): \_\_\_\_\_

Name/E-Mail/Phone Number of person to contact regarding this entry:

Name/E-Mail/Phone Number of person to contact regarding timers/officials:

Entry Fee Summary: \_\_\_\_\_ Individual event entries @ \$4.00 = \$ \_\_\_\_\_

Total: \$ \_\_\_\_\_

Make checks payable to: **In Depth Aquatics**

### Article 302.4 of the USA Swimming Rules and Regulations

**False Registration:** An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

### List all Unattached Swimmers:

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_