

<h1 style="margin: 0;">Holiday Classic XXIX</h1> <p style="margin: 0;">Hosted by Eastern Express at the Werblin Recreation Center, Rutgers University Held under the sanction of USA Swimming</p>	
<b>Meet Sanction #</b>	<p><b>NJS121115SC</b></p> <p>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>
<b>Date of Meet</b>	<b>Friday, December 11<sup>th</sup> to Sunday, December 13<sup>th</sup>, 2015</b>
<b>Location</b>	The pool is located in the Sonny Werblin Recreation Center on the Busch Campus at Rutgers University in Piscataway, New Jersey. The Center's main number is 732-445-0460. <b><i>This number is for emergencies only.</i></b> All calls regarding this meet should be directed to the Meet Director.
<b>Facility Information</b>	<ul style="list-style-type: none"> <li>▪ The Werblin competition pool has two 8-lane 25 yard courses, with a minimum depth for diving of 6 feet.</li> <li>▪ There are two auxiliary pools, known as "patio pools" (for warm-up and warm-down), and seating for 1,000 spectators, including 400 chair-backed seats. The remaining seating is bleacher style.</li> </ul>
<b>Pool Certification Statement</b>	The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
<b>Audio/Visual Recording Statement</b>	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
<b>Meet Director</b>	<b>Ellen W Mace</b> — <a href="mailto:entries1@juno.com">entries1@juno.com</a> 609-558-0988
<b>Team Contact</b>	<b>Michael Randazzo</b> — <a href="mailto:EasternExpressSwimTeam@gmail.com">EasternExpressSwimTeam@gmail.com</a> , 908-448-8476
<b>Meet Referee</b>	<b>Bill Tucker</b> — <a href="mailto:wtucker370@comcast.net">wtucker370@comcast.net</a>
<b>Administrative Official</b>	<b>Ellen Mace, Jason Mace, John Lister</b>
<b>Meet Safety Marshall</b>	<b>Brent Matheson</b> — <a href="mailto:bmatheson17@gmail.com">bmatheson17@gmail.com</a>
<b>Entry Coordinator</b>	<p>BE Smartt, Inc will be the Entry Coordinator,</p> <ul style="list-style-type: none"> <li>▪ E-Mail address: <a href="mailto:entries@juno.com">entries@juno.com</a>, 609-558-0988</li> <li>▪ Best time to call after 8:0pm and weekends</li> </ul>
<b>Entry Deadline:</b>	<p><b>Entry Deadline: Friday, November 27<sup>th</sup>, or when the meet is full.</b></p> <ul style="list-style-type: none"> <li>• All entries must be TM Entries.</li> <li>• E-Mail entry files to <a href="mailto:entries1@juno.com">entries1@juno.com</a>.</li> <li>• There will be no refunds after the entry deadline except for events that may be scratched from meet by the Entry Coordinator or Meet Director, or as otherwise required by NJ Swimming.</li> <li>• Entries will be acknowledged within 48 hours of receipt.</li> <li>• All entries will be accepted on a first come basis.</li> <li>• Deck entries will not be accepted.</li> <li>• <b>Mail the signed waiver and entry fee check to:</b> Be Smartt, Inc, 604 Paxson Avenue, Mercerville, NJ 08619</li> <li>• <b>Entry forms, verification forms, waiver release, and fees must be received in the Control Room no later than the first session of the meet where the team competes.</b></li> <li>• Team entries will be considered accepted when the host club accepts the entries.</li> <li>• Certain sessions may close earlier than others based on athlete subscription. In accordance with NJ Swimming Policy, the host club will be required to insure that no session exceeds four hours in length.</li> <li>• It is not necessary to use overnight or express mail to send hard copy and check, which are sent in support of an e-mailed entry.</li> </ul>

<p><b>Meet Format Waiver:</b></p>	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chair and either the age group or senior chair. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include:</p> <ul style="list-style-type: none"> <li>• To allow more swimmers to swim.</li> <li>• To conform to facility capacity limits or for facility safety concerns.</li> <li>• To condense the meet into smaller time period.</li> </ul> <p>Some of the changes that may be made include: 1) add a session, 2) limiting heats in distance events, 3) condense sessions and 4) eliminate relays.</p>
<p><b>Meet Requirement Statement:</b></p>	<p>In order to be eligible for the New Jersey Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a New Jersey Swimming sanctioned meet, this meet counts towards those participation requirements.</p>
<p><b>Coaches Eligibility:</b></p>	<ul style="list-style-type: none"> <li>• All coaches “on the deck” must be currently registered coach members of USA Swimming.</li> <li>• Coaches must show coaching card for entrance to facility.</li> <li>• All coaches must have coaching cards visible at all times while on deck.</li> </ul>
<p><b>Internet Website Posting:</b></p>	<p>Internet location for all meet information: <a href="http://www.besmartinc.com">http://www.besmartinc.com</a> Pre-Meet Information posted on website.</p> <ul style="list-style-type: none"> <li>• Meet Information will be posted on the website.</li> <li>• Downloadable Hy-Tek Events list (.HYV file) will be posted on the website.</li> <li>• List Teams whose entries have been received.</li> <li>• List “heat limited” events psych sheet.</li> <li>• List Updated meet schedule.</li> <li>• List Warm-up Schedule and Team Warm-up Assignments.</li> <li>• List Timing assignments.</li> </ul> <p>Post-Meet Information posted on website.</p> <ul style="list-style-type: none"> <li>• Downloadable Results (Zipped .CL2 &amp; .HY3 files) for TM</li> <li>• Printable meet results (.PDF file)</li> </ul>
<p><b>Swimmer Eligibility:</b></p>	<ul style="list-style-type: none"> <li>• All swimmers must be members of USA Swimming to enter and compete in this meet.</li> <li>• All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team’s official waiver entry form.</li> <li>• There will be 10 &amp; Under, 11-12, 13-14, and Open events</li> <li>• <b>All swimmers must have times equal to or faster than the meet qualifying standards. Proof of time will be required for all 13-14 &amp; Open individual events 400 yards and longer.</b></li> <li>• New Jersey Swimming Policy allows swimmers to compete in a maximum of three individual events per day.</li> <li>• Swimmers may compete in two relay events per day.</li> <li>• Age for this meet is calculated as of: <b>Friday December 11<sup>th</sup>, 2015</b></li> </ul>
<p><b>USA-S Racing Start Certification Statement:</b></p>	<p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p>
<p><b>USA-S Deck Change Policy Statement:</b></p>	<p>Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</p>

<p><b>Meet Format:</b></p>	<ul style="list-style-type: none"> <li>• This meet will be run in accordance with current USA Swimming Rules.</li> <li>• The USA Swimming championships scratch rule will be in effect.</li> <li>• This meet will be deck seeded with coaches checking in/scratching all swimmers and relay teams. When the seeding has been posted, swimmers will report to the blocks.</li> <li>• This meet will be run using two pools. Pools will be divided by age groups/gender once all entries are received and a timeline is established. This information will be available in the “pre-meet update” posting.</li> <li>• This meet will be run as a prelim/finals meet for 13-14 and Open swimmers.</li> <li>• This meet will be run as a timed final meet for 10 &amp; Under and 11-12 swimmers.</li> <li>• Evening sessions will comprise two heats of finals for all individual events.</li> <li>• Exceptions: The Women &amp; Men Open 1000 Freestyle and Open 1650 Freestyles will be swum as timed final events. The fastest heat of the Women &amp; Men 1000 Freestyle will be swum at the start of Finals on Saturday, and the fastest heat of the Women &amp; Men 1650 Freestyle will be swum following the 200 Freestyle Relays at Finals on Sunday.</li> <li>• The Open 200 Freestyle Relays and Open 200 Medley Relays will be contested as timed final events with All Heats swimming at the start of the Friday (200 Medley) and Sunday (200 Free) evening finals.</li> <li>• The 13-14 and Open 400 Freestyle Relays (Friday), and 400 Medley Relays (Sunday), will be timed final events with the two fastest seeded heats of each event swimming during the evening finals.</li> <li>• The Open 800 Freestyle Relays (Saturday) will be timed final events with the fastest two heats of each gender swimming during the evening finals. At finals, these heats will swim in the order Women’s B, Men’s B, Women’s A, Men’s A.</li> </ul>
<p><b>Facility Schedule</b></p>	<ul style="list-style-type: none"> <li>• The building will open each morning at 7:10am. Swimmers may enter through the gym at 7:00am.</li> </ul>
<p><b>Warm-up Procedures</b></p>	<ul style="list-style-type: none"> <li>• Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes.</li> <li>• Swimming Equipment is <b>not allowed</b> in the competition pool during all warm-up sessions. This includes kick boards, hand paddles, and pull buoys.</li> <li>• All swimmers are entitled to a fair and comparable warm-up. All teams <b>must</b> receive the same opportunities for warm-up lanes, sprint lanes, and pace lanes.</li> <li>• There will be two 30-minute warm-ups divided by teams.</li> <li>• Warm-ups for the 12 &amp; Under sessions may be 2 * 25 minutes or 3 * 20 minutes. This will be determined after entries have been received.</li> <li>• All swimmers must enter the pool feet first from the starting end of the pool.</li> <li>• New Jersey Swimming officials will monitor warm-ups.</li> <li>• All general warm-up lanes will swim in a counterclockwise direction.</li> <li>• Warm-up for the 1000 and 1650 Freestyle will begin in the patio pool, and continue in the competition pool (time permitting) until the start of the distance event.</li> </ul>
<p><b>Entry Times</b></p>	<ul style="list-style-type: none"> <li>• New Jersey Swimming does not allow ‘NT’ or ‘No Time’ to be used as an entry time.</li> <li>• All entry times must be equal to or faster than the qualifying time standards for this meet.</li> <li>• All entry times must be in short course yards (converted times are acceptable).</li> <li>• <b>Proof of time</b> will be required and enforced for all 13-14 and Open Individual Events 400 yards and longer; Hy-Tek proof of time on the entry file will be acceptable.</li> </ul>
<p><b>Check-In</b></p>	<ul style="list-style-type: none"> <li>• All check-in sheets must be turned into the Control Room 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a “SCR” next to the circle. Swimmers scratching a single event will have a line through their name and the event number circled with “SCR” next to the circle.</li> <li>• All Distance and Relay events will have a positive check-in that will be posted in the control room.</li> <li>• Failure to follow this procedure may result in the swimmer(s) being scratched from the session.</li> </ul>

<b>Scratch Rule</b>	<ul style="list-style-type: none"> <li>• The meet will follow USA Swimming rule 207.11.6.D and rule 207.11.6E for scratches from finals.</li> <li>• A swimmer who fails to scratch from finals within the deadlines outlined in rule 207. 11.6E and then fails to swim the event at finals will be barred from further competition for the remainder of the meet.</li> <li>• In addition, the club of a swimmer who qualifies for finals or consolation finals and fails to compete in that final during the last session of the meet without properly scratching from the event in accordance to the above procedures may be fined \$50 for each occurrence.</li> </ul>
<b>Starts</b>	<ul style="list-style-type: none"> <li>• The host club will determine if 'Fly-over/Over-the-top' starts will be used after a time line has been produced. This information will be posted in the pre-meet information e-mailed to coaches.</li> </ul>
<b>Distance Events (1000 &amp; 1650)</b>	<ul style="list-style-type: none"> <li>• The 1000 and 1650 Freestyle events are timed finals.</li> <li>• They will be run fastest to slowest as a separate session at the conclusion of the AM prelims on Saturday and Sunday, respectively.</li> <li>• Heats of Women &amp; Men will be combined if needed to conserve time and space.</li> <li>• The fastest heat (top 8 swimmers) of each event will compete during the Evening Finals.</li> <li>• Swimmers must provide their own timers and counters.</li> <li>• <b>Proof of time</b> is required for entry into these events.</li> <li>• <b>14 &amp; Under Distance Standards:</b> There are different qualifying standards in the 1000 and 1650 Freestyle for all athletes 14-years and younger. These events will be contested and scored as Open; no 14 &amp; Under Finals Heat or separate awards.</li> </ul>
<b>Heat-Limited Events</b>	<ul style="list-style-type: none"> <li>• Psych sheets for heat-limited events will be posted on all the meet websites no later than the Monday prior to the start of the meet.</li> <li>• Every effort will be made to allow as many athletes to compete in these events as possible.</li> <li>• Additional swimmers will be added if there are scratches in the event and/or there is extra space on the timeline. Refunds will be processed after the meet only for swimmers <b>not given the opportunity</b> to participate in the event, not for those following normal scratch procedures.</li> <li>• Approximately one week before the meet, all coaches with swimmers in an oversubscribed distance event will be e-mailed and asked to declare any scratches that they know of in advance.</li> </ul> <p><b>Heat Limits:</b></p> <ul style="list-style-type: none"> <li>• 13-14 and Open 500 Freestyle: maximum 9 heats per event will be seeded.</li> <li>• 13-14 and Open 400 IM: maximum 9 heats per event will be seeded.</li> <li>• Open 1000 Freestyle: maximum 7 heats per event will be seeded</li> <li>• Open 1650 Freestyle: maximum 5 heats per event will be seeded.</li> <li>• 10 &amp; Under 500 Freestyle: maximum 6 heats per event will be seeded</li> <li>• 11-12 500 Freestyle: maximum 8 heats per events will be seeded.</li> <li>• 11-12 400 IM: maximum 8 heats per event will be seeded.</li> <li>• For the Open 200 Medley and 200 Freestyle relay events, entries will be limited to 3 heats (fastest 24 entries) for each event.</li> </ul>
<b>Relays</b>	<ul style="list-style-type: none"> <li>• Coaches must turn in relay cards listing correct swimmers' names and correct order prior to the start of the event.</li> <li>• All 13-14 and Open Relays will be timed finals with the fastest two heats swimming during evening finals.</li> <li>• The 800 Freestyle Relay top two heats will swim in the order Women B, Men B, Women A, Men A during evening finals.</li> <li>• The Open 200 Medley and Open 200 Freestyle Relays will swim all three heats at the start of the Finals session (see heat limited section pertaining to these relays).</li> <li>• <b>Teams will be limited to three (A, B, and C) relay entries per event.</b></li> </ul>
<b>Scoring</b>	<ul style="list-style-type: none"> <li>• Team scoring will be kept. 16 place scoring will be 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 and double for relays.</li> </ul>
<b>Awards</b>	<ul style="list-style-type: none"> <li>• Medals will be awarded to the top 3 swimmers in each individual event.</li> <li>• Medals will be awarded to the top 3 relay teams in each relay event.</li> </ul>

<b>Entry Fees</b>	<ul style="list-style-type: none"> <li>• Individual Entry Fee for 13-14 and Open Prelim/Final Events: \$5.00</li> <li>• Individual Entry Fee for 1000 and 1650: \$11.00</li> <li>• Individual Entry Fee for 10 &amp; Under and 11-12 Timed Final Events: \$4.00</li> <li>• Relay Entry Fee: \$8.00</li> <li>• Make checks payable to: <b>Express Sports Inc.</b></li> <li>• Host club has the right to scratch teams/swimmers for lack of payment of entry fees, lack of completed and signed waiver forms.</li> </ul>
<b>Admissions and Programs</b>	<ul style="list-style-type: none"> <li>• Admission will be \$7.00 for morning, distance and afternoon sessions.</li> <li>• Cost of HC XXVIII Meet Program will be \$10.00.</li> <li>• Admission to the 13 &amp; Over finals will be \$5.00.</li> <li>• 13 &amp; Over Finals heat sheets will be free of charge; one per family while supplies last.</li> </ul>
<b>Results</b>	<ul style="list-style-type: none"> <li>• Results will be e-mailed to teams participating in the meet.</li> <li>• Results will be posted on the meet website.</li> <li>• During the meet, results will be available on the meet website and Hy-Tek's Meet Mobile. Results will <b>not</b> be posted in the corridor outside the natatorium.</li> </ul>
<b>Host Club Responsibilities:</b>	<ul style="list-style-type: none"> <li>• The host club will provide a single timer in each lane throughout the meet, except for the distance events where swimmers will provide their own timers and lap counters.</li> <li>• The host club will have stopwatches available for volunteers helping to time.</li> <li>• The host club will e-mail entry verification back to the participating clubs.</li> <li>• The host club will create a warm-up schedule that will be fair and equal to all teams.</li> <li>• The host club will create timing assignments that are fair and equitable with as many teams participating as possible.</li> <li>• Warm-up schedules and assignments, and timing assignments will be e-mailed to all participating clubs and posted on the website <a href="http://www.besmarttinc.com">www.besmarttinc.com</a> no later than 1 week before the meet.</li> </ul>
<b>Participating Club Responsibilities:</b>	<ul style="list-style-type: none"> <li>• Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: <a href="http://www.besmarttinc.com">www.besmarttinc.com</a> 1 week prior to the meet.</li> <li>• Participating club parents must stay off the pool deck except for timing assignments.</li> <li>• Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.</li> </ul>
<b>Concessions:</b>	<ul style="list-style-type: none"> <li>• Food and refreshments will be available in the lobby.</li> </ul>
<b>Vendor:</b>	<ul style="list-style-type: none"> <li>• <b>Metro Swim Shop</b> will be at the meet.</li> </ul>
<b>Hotels:</b>	<ul style="list-style-type: none"> <li>• Host Hotel: <b>Somerset Holiday Inn, 732-584-4612</b>, ask for special Holiday Classic rates.</li> <li>• The Crowne Plaza, 732-716-1175</li> <li>• The Courtyard by Marriott on Davidson Avenue</li> <li>• The Doubletree Executive Somerset on Atrium Drive</li> </ul>

<b>Directions</b>	<p><b>Directions to Sonny Werblin Recreation Center:</b></p> <p><b>Address:</b> 656 Bartholomew Rd, Piscataway NJ 08854</p> <p><b>Garden State Parkway Southbound</b> Turn off at Exit 129 and take the New Jersey Turnpike South. Exit the Turnpike at Exit 9, follow NJ Turnpike directions below.</p> <p><b>Garden State Parkway Northbound</b> Turn off at Exit 105 and follow signs for Route 18 North. After approximately 24 miles, you will pass the entrance for the New Jersey Turnpike. Continue on Route 18 North. After approximately 3.7 miles Route 18 will cross the Raritan River. Continue on Route 18 North to the Campus Rd exit ramp on the right. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.</p> <p><b>Interstate 287</b> Turn off at Exit 9 Bound Brook/Highland Park. Proceed East on River Road towards Highland Park. Continue on River Road and you will pass under the overpass for Route 18. Turn left at the next traffic light onto North. Take the next exit on Route 18 North, Campus Road. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.</p> <p><b>New Jersey Turnpike</b> Exit the Turnpike at Exit 9, bear right after the tollbooths and follow signs for Route 18 North—New Brunswick. Stay to the left to continue on Route 18 North. Proceed along Route 18 North. After approximately 3.7 miles Route 18 will cross the Raritan River. Continue on Route 18 North to the Campus Rd exit ramp on the right. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.</p> <p><b>US Route 1</b> Turn off at exit marked Route 18 North—New Brunswick. Proceed along Route 18 North. After approximately 3.7 miles Route 18 will cross the Raritan River. Continue on Route 18 North to the Campus Rd exit ramp on the right. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.</p> <p><b>Rutgers will have posted signs indicating which of the parking lots are for the swim meet. Please use one of these lots. Rutgers campus police may ticket automobiles that are parked in lots other than those designated for the swim meet!</b></p>
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## Meet Schedule

Friday, December 11 <sup>th</sup>		Warm-up	Start
Sessions 1 & 2	500 Freestyles Preliminaries	7:15am	7:50am
Sessions 3 & 4	13 & Over Preliminaries	TBA (approx 9:40am)	TBA
Sessions 5 & 6	12 & Under Timed Finals	TBA (approx 1:30pm)	TBA
Session 7	Finals	TBA (approx 6pm)	TBA
Saturday, December 12 <sup>th</sup>		Warm-up	Start
Sessions 8 & 9	13 & Over Preliminaries	7:15am	8:20am
Sessions 10 & 11	Open 1000 Freestyles	TBA (approx 11:30am)	TBA
Sessions 12 & 13	12 & Under Timed Finals	TBA (approx 1:30pm)	TBA
Session 14	Finals	TBA (approx 6pm)	TBA
Sunday, December 13 <sup>th</sup>		Warm-up	Start
Sessions 15 & 16	13 & Over Preliminaries	7:15am	8:20am
Sessions 17 & 18	Open 1650s	TBA (approx 11:30am)	TBA
Sessions 19 & 20	12 & Under Timed Finals	TBA (approx 1:15pm)	TBA
Session 21	Finals	TBA (approx 6pm)	TBA

**Warm-up and session start times will be finalized once all entries have been received. They will be e-mailed to participating teams and published on the meet website.**

New Jersey Swimming  
**Holiday Classic XXIX**  
 Friday-Sunday, December 11<sup>th</sup>-13<sup>th</sup>, 2015

*Qualifying times "no slower than"—no new cuts*

#	Event	Standard
<b>Friday Finals Only</b>		
19	Women 200 Medley Relay <i>(All Heats swim at night)</i>	3 Relays per Team
20	Men 200 Medley Relay <i>(All Heats swim at night)</i>	3 Relays per Team

<b>Friday Sunrise 2 Pools—Preliminaries</b>		
21	Girls 13-14 500 Freestyle	5:38.29
22	Boys 13-14 500 Freestyle	5:28.29
23	Women 500 Freestyle	5:23.29
24	Men 500 Freestyle	4:57.89

<b>Friday AM 2 Pools—Preliminaries</b>		
25	Girls 13-14 100 Butterfly	1:06.39
26	Boys 13-14 100 Butterfly	1:03.39
27	Women 100 Butterfly	1:02.79
28	Men 100 Butterfly	56.69
29	Girls 13-14 200 Breaststroke	2:43.29
30	Boys 13-14 200 Breaststroke	2:37.29
31	Women 200 Breaststroke	2:35.49
32	Men 200 Breaststroke	2:22.89
33	Girls 13-14 200 IM	2:24.19
34	Boys 13-14 200 IM	2:18.39
35	Women 200 IM	2:16.29
36	Men 200 IM	2:05.49
37	Girls 13-14 400 Free Relay <i>(Top two heats swim at night)</i>	3 Relays per Team
38	Boys 13-14 400 Free Relay <i>(Top two heats swim at night)</i>	3 Relays per Team
39	Women 400 Free Relay <i>(Top two heats swim at night)</i>	3 Relays per Team
40	Men 400 Free Relay <i>(Top two heats swim at night)</i>	3 Relays per Team

#	Event	Standard
<b>Friday PM 2 Pools—Age Group Finals</b>		
1	Girls 11-12 500 Freestyle	6:06.29
2	Boys 11-12 500 Freestyle	6:06.29
3	Girls 10 & Under 50 Freestyle	34.19
4	Boys 10 & Under 50 Freestyle	34.19
5	Girls 11-12 50 Breaststroke	38.79
6	Boys 11-12 50 Breaststroke	38.79
7	Girls 10 & Under 100 Breaststroke	1:35.39
8	Boys 10 & Under 100 Breaststroke	1:35.39
9	Girls 11-12 200 Backstroke	2:35.89
10	Boys 11-12 200 Backstroke	2:35.89
11	Girls 10 & Under 50 Backstroke	40.09
12	Boys 10 & Under 50 Backstroke	40.09
13	Girls 11-12 100 Butterfly	1:14.19
14	Boys 11-12 100 Butterfly	1:14.19
15	Girls 10 & Under 500 Freestyle	6:50.39
16	Boys 10 & Under 500 Freestyle	6:50.39
17	Girls 11-12 100 IM	1:14.99
18	Boys 11-12 100 IM	1:14.99

#	Event	Standard
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Saturday AM 2 Pools—Preliminaries		
65	Girls 13-14 50 Freestyle	27.49
66	Boys 13-14 50 Freestyle	25.79
67	Women 50 Freestyle	25.99
68	Men 50 Freestyle	22.99
69	Girls 13-14 400 IM	5:04.59
70	Boys 13-14 400 IM	4:54.29
71	Women 400 IM	4:50.39
72	Men 400 IM	4:26.79
73	Girls 13-14 100 Backstroke	1:06.99
74	Boys 13-14 100 Backstroke	1:04.89
75	Women 100 Backstroke	1:03.39
76	Men 100 Backstroke	57.19
77	Girls 13-14 200 Freestyle	2:08.19
78	Boys 13-14 200 Freestyle	2:02.69
79	Women 200 Freestyle	2:01.39
80	Men 200 Freestyle	1:50.69
81	Women 800 Free Relay** <i>(Top two heats swim at night)</i>	3 Relays per Team
82	Men 800 Free Relay** <i>(Top two heats swim at night)</i>	3 Relays per Team

\*\*The top two heats of the 800 Free Relay will swim at night in the order Women B, Men B, Women A, Men A.

Saturday Midday 2 Pools—Timed Finals <i>(Top heat swims at night; first two events of Finals)</i>		
63	Women 1000 Freestyle 14 & Under	11:22.19
	15 & Over	11:04.19
64	Men 1000 Freestyle 14 & Under	10:52.89
	15 & Over	10:18.49

#	Event	Standard
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Saturday PM 2 Pools—Age Group Finals		
41	Girls 11-12 100 Freestyle	1:04.09
42	Boys 11-12 100 Freestyle	1:04.09
43	Girls 10 & Under 200 Freestyle	2:38.39
44	Boys 10 & Under 200 Freestyle	2:38.39
45	Girls 11-12 100 Backstroke	1:15.19
46	Boys 11-12 100 Backstroke	1:15.19
47	Girls 10 & Under 50 Breaststroke	43.99
48	Boys 10 & Under 50 Breaststroke	43.99
49	Girls 11-12 50 Butterfly	33.39
50	Boys 11-12 50 Butterfly	33.39
51	Girls 10 & Under 100 Butterfly	1:28.69
52	Boys 10 & Under 100 Butterfly	1:28.69
53	Girls 11-12 200 Breaststroke	2:56.89
54	Boys 11-12 200 Breaststroke	2:56.89
55	Girls 10 & Under 100 IM	1:24.59
56	Boys 10 & Under 100 IM	1:24.59
57	Girls 11-12 200 IM	2:37.59
58	Boys 11-12 200 IM	2:37.59
59	Girls 10 & Under 200 Medley Relay	3 Relays per Team
60	Boys 10 & Under 200 Medley Relay	3 Relays per Team
61	Girls 11-12 400 Medley Relay	3 Relays per Team
62	Boys 11-12 400 Medley Relay	3 Relays per Team



#	Event	Standard
<b>Sunday Finals Only</b>		
107	Women 200 Freestyle Relay <i>(All Heats swim at night)</i>	3 Relays per Team
108	Men 200 Freestyle Relay <i>(All Heats swim at night)</i>	3 Relays per Team

<b>Sunday AM 2 Pools—Preliminaries</b>		
111	Girls 13-14 100 Freestyle	59.59
112	Boys 13-14 100 Freestyle	56.29
113	Women 100 Freestyle	56.19
114	Men 100 Freestyle	50.29
115	Girls 13-14 200 Butterfly	2:26.49
116	Boys 13-14 200 Butterfly	2:20.29
117	Women 200 Butterfly	2:16.69
118	Men 200 Butterfly	2:05.19
119	Girls 13-14 100 Breaststroke	1:16.99
120	Boys 13-14 100 Breaststroke	1:12.09
121	Women 100 Breaststroke	1:12.09
122	Men 100 Breaststroke	1:04.79
123	Girls 13-14 200 Backstroke	2:24.19
124	Boys 13-14 200 Backstroke	2:18.19
125	Women 200 Backstroke	2:17.39
126	Men 200 Backstroke	2:04.69
127	Girls 13-14 400 Medley Relay <i>(Top two heats swim at night)</i>	3 Relays per Team
128	Boys 13-14 400 Medley Relay <i>(Top two heats swim at night)</i>	3 Relays per Team
129	Women 400 Medley Relay <i>(Top two heats swim at night)</i>	3 Relays per Team
130	Men 400 Medley Relay <i>(Top two heats swim at night)</i>	3 Relays per Team

<b>Sunday Midday 2 Pools—Timed Finals</b>		
<i>(Top heat swims at night following 200 Freestyle Relays)</i>		
109	Women 1650 Freestyle 14 & Under 15 & Over	18:56.49 18:25.69
110	Men 1650 Freestyle 14 & Under 15 & Over	18:03.49 17:11.39

#	Event	Standard
<b>Sunday PM 2 Pools—Age Group Finals</b>		
83	Girls 11-12 200 Freestyle	2:19.89
84	Boys 11-12 200 Freestyle	2:19.89
85	Girls 10 & Under 200 IM	2:57.99
86	Boys 10 & Under 200 IM	2:57.99
87	Girls 11-12 100 Breaststroke	1:23.19
88	Boys 11-12 100 Breaststroke	1:23.19
89	Girls 10 & Under 100 Backstroke	1:24.19
90	Boys 10 & Under 100 Backstroke	1:24.19
91	Girls 11-12 200 Butterfly	2:37.59
92	Boys 11-12 200 Butterfly	2:37.59
93	Girls 11-12 50 Freestyle	30.49
94	Boys 11-12 50 Freestyle	30.49
95	Girls 10 & Under 100 Freestyle	1:13.89
96	Boys 10 & Under 100 Freestyle	1:13.89
97	Girls 11-12 400 IM	5:32.09
98	Boys 11-12 400 IM	5:32.09
99	Girls 10 & Under 50 Butterfly	39.29
100	Boys 10 & Under 50 Butterfly	39.29
101	Girls 11-12 50 Backstroke	34.89
102	Boys 11-12 50 Backstroke	34.89
103	Girls 10 & U 200 Freestyle Relay	3 Relays per Team
104	Boys 10 & U 200 Freestyle Relay	3 Relays per Team
105	Girls 11-12 400 Freestyle Relay	3 Relays per Team
106	Boys 11-12 400 Freestyle Relay	3 Relays per Team



NEW JERSEY SWIMMING

# Holiday Classic XXIX

Friday-Sunday December 11<sup>th</sup>-13<sup>th</sup>, 2015

### Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Rutgers University, Eastern Express Swimming, Be Smartt Inc and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

### Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the Eastern Express Holiday Classic meet on **December 11<sup>th</sup>-13<sup>th</sup> 2015** are registered members of USA Swimming. All USA Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also, I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code \_\_\_\_\_

Signature of Coach and/or Parent/Guardian \_\_\_\_\_

Telephone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Name(s) of Coach(es): \_\_\_\_\_

Name/E-Mail/Phone Number of person to contact regarding this entry: \_\_\_\_\_

NAME/E-Mail/Phone Number of person to contact regarding timers/officials: \_\_\_\_\_

Entry Fee Summary:	_____ Prelim/Final Individual event entries @ \$5.00 =	\$ _____
	_____ 12 & Under Timed-Final individual event entries @ \$4.00 =	\$ _____
	_____ 1000/1650 Timed-Final individual event entries @ \$11.00 =	\$ _____
	_____ Relay event entries @ \$8.00 =	\$ _____
	Total:	\$ _____

Make checks payable to: **Express Sports Inc**

### Article 302.4 of the USA Swimming Rules and Regulations

**False Registration:** An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

### List all Unattached Swimmers:

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_