

NEW JERSEY SWIMMING
2015 LONG COURSE 13 & OVER SILVER/BRONZE CHAMPIONSHIPS
 Hosted by Bergen Barracuda Swim Team
Held under the sanction of USA Swimming Inc, and NJ Swimming

Meet Sanction #	<i>NJS071715LCB</i> In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Date of Meet	Friday, Saturday and Sunday, July 17 th -19 th , 2015
Location	§ The pool is located in the Sonny Werblin Recreation Center on the Busch Campus at Rutgers University in Piscataway, New Jersey. The Center's main number is 732-445-0460. <i>This number is for emergencies only.</i> All calls regarding this meet should be directed to the Meet Director.
Facility Information	§ The Werblin competition pool is a 50 meter, 8-lane pool with a minimum depth of 6 feet. § There are two auxiliary pools, known as "patio pools" (for warm-up and warm-down), and seating for 1,000 spectators, including 400 chair-backed seats. The remaining seating is bleacher style.
Pool Certification Statement	The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
Audio/Visual Recording Statement	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
Meet Director	Nicole Cicalo-DeCaro—E-mail: Nicole@bbswim.org
Meet Referee	Kevin Gorman— Gormansrule@optonline.net
Safety Marshal	Chris Farrell— chris@bbswim.org
Entry Coordinator	BE Smartt, Inc § E-Mail address: entries@juno.com § 609-558-0988 § Best time to call is after 8:00pm and weekends.
Entry Deadline	§ All entries must be Team Manager entries. § Entry Deadline Date: July 7 th , 2015 § Entry Fee Summary forms, verification forms, waiver releases, and entry fees must be received no later than the check-in deadline of the first session a team swims in. § Mail above forms and fees to : Be Smartt Inc, 604 Paxson Avenue, Mercerville, NJ 08619 § Email Entries and proof of time reports to: entries1@juno.com § If you are mailing your entries or associated forms via overnight or express mail, it is recommended that you <i>wave the signature</i> . § No deck, fax or phone entries will be accepted.
Entry Amending Process	According to the Amending Process for NJ Swimming Championship Meets, should a swimmer be missing from the entry list or an event, the coach can e-mail the missing information to entries1@juno.com by 6:00pm July 16 th , 2015. The entry fee for all events entered in this manner will be the regular entry fee for the event, plus an additional \$5.00 late fee per entry (unless the mistake was the host club's), and must be paid before the start of the meet according to the Amending Process Guidelines. <i>Note: Entries which are amended due to a swimmer achieving a new Gold time after the original entry is submitted do not incur this additional fee.</i>

Meet Format Waiver	<p>The host club has the right to change the format of the meet with the approval of the administrative chairman and either the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for changes include:</p> <ul style="list-style-type: none"> § To allow more swimmers to swim. § To conform to facility capacity limits or for facility safety concerns. § To condense the meet into smaller time frame. <p>Some of the changes that can be made: 1) add a session, 2) heat limit distance events, 3) condense sessions, 4) eliminate relays, 5) implement bottom cuts in some events, and 6) reduce individual entry limits.</p>
Internet Website Posting	<p>The meet website will be: www.besmarttinc.com</p> <p>Pre-Meet Information posted on website.</p> <ul style="list-style-type: none"> § Meet announcement § Hy-Tek Events list (.HYV file) § List of Teams whose entries have been received. § Updated meet session schedule. § Warm-up Schedule and Team Warm-up Assignments. § Timing assignments. <p>Post-Meet Information posted on website.</p> <ul style="list-style-type: none"> § Downloadable Results (HY3.zip file) § Printable Results <p>Real-time results will also be posted on the web site.</p>
Meet Requirement Statement	<p>In order to be eligible for the New Jersey Swimming Zone Championship Team or for New Jersey Swimming athlete travel grants for sectional and national level meets, NJ Swimming policy stipulates certain meet participation requirements. As a New Jersey Swimming sanctioned meet, this meet counts towards these participation requirements.</p>
Coaches Eligibility	<ul style="list-style-type: none"> § All coaches "on the deck" must be current coach members of USA Swimming. § Coaches must show coaching card for entrance to facility. § Coaches must have their coaching card visible at all times while on deck. § Coaches must have a visible coach's card when entering the hospitality area.
Swimmer Eligibility	<ul style="list-style-type: none"> § All swimmers must be members of USA Swimming to enter and compete in this meet. § All swimmers must be included in a team's official meet roster in the meet database to be eligible to participate in this swim meet in any event including relays. § This is a New Jersey Swimming Championship Meet; only New Jersey Swimming registered athletes may enter and compete in this meet. § All swimmers must have entry times slower than the current New Jersey Swimming Summer JO's Gold Time Standards. § Proof of time is required for all individual event entries in this meet. § If a swimmer achieves a Gold time in an entered event subsequent to entering this meet, they MUST be removed from the event at this meet. They may either replace the newly-achieved Gold event with a non-Gold event or receive a refund for the event entry fee. Failure to follow this policy will result in the disqualification of the swimmer (even retroactively), and the swimmer's club may be penalized and/or fined by NJ Swimming for each such infraction. § The qualifying period for this meet is April 1, 2014 thru the entry deadline of the meet. § Swimmers may not compete in a given event at both LC JOs and the LC Silver/Bronze Championship meets unless they achieved the LC JO qualifying time in that event at the LC Silver/Bronze meet, or at another Sanctioned or Approved meet attended in between the LC Silver/Bronze meet and JOs. <p>Unattached Swimmers:</p> <ul style="list-style-type: none"> § All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN-(New Team Alpha Code) as their team affiliation. § All unattached swimmers must be listed on the team's official waiver/verification form.

Bronze Level Swimmer Events	<p>§ Swimmers with Bronze Level times may enter and compete in the 50 Free, 100 Free, 100 Back, 100 Breast and 100 Fly events.</p> <p>§ To compete in any other event, a swimmer must have the Silver time in that event.</p> <p>§ If the meet does not fill by the time of the entry deadline, NJS may permit teams to enter bronze level swimmers in select additional 200 meter events. Further information regarding this procedure will be sent to entered teams if this situation does in fact occur.</p>
USA Swimming Deck Change Policy	Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
Meet Age	<p>Age Groups that will be offered.</p> <ul style="list-style-type: none"> • There will be 13-14, 15 & Over Events. • Individuals aged 20 & over will not receive awards. • Relays with swimmers who are 20 & over will not receive awards <p>Age at Meet</p> <p>§ Age for this meet is as of: Friday, July 17th, 2015</p>
Event Limits	<ul style="list-style-type: none"> • New Jersey Swimming allows swimmers to compete in a maximum of 3 individual events per day. (Provided they meet the eligibility requirements for each entered event.) • Swimmers may compete in one (1) relay per day.
USA-S Racing Start Certification Statement	Any swimmer entered into this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or they must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Meet Format	<p>§ This meet will be run in accordance to current USA Swimming Rules.</p> <p>§ This meet will be run as a time final meet.</p> <p>Seeding Procedures</p> <p>§ This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks on their own.</p>
Meet Schedule	<ul style="list-style-type: none"> • The building will not open before 7:00am for swimmers and 7:15am for spectators. • This meet will have three (3) sessions per day. • Afternoon session starting times will be announced once entries are received and a time line is established.

Meet Schedule

§ This meet is divided into groups, by teams. All teams will swim the same events, but in different sessions. Results from all three groups will be combined for each event to determine awards.

Group	Teams
A	ACE, AQRC, BAC, CBGC, CCC, DESC, EEX, FOBY, GMY, MAY, MEY, NJBL, NPR, OTT, PAA, PIAC, PPST, PTAC, RA, RANY, SAY, SCY, SHY, STAC, TEO, TWST
B	BB, BGCD, CAT, CJAC, FSPY, JFAC, JG, LHY, MALT, MYM, OCY, PENN, RBY, RY, SDSC, SKYY, SVY, TAC, WW
C	BWTD, EAG, GARY, GBCY, HAC, HACY, HCY, MB, MCSC, NJRC, RHSC, RVYM, SCAR, SRAY, SSCT, WAVE, WEY, WFY, WY, XCEL

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Friday, July 17 th , 2015		Warm-Up	Start
Session 1	Group A List-1 Events	7:15am	8:20am
Session 2	Group A 800 Freestyle/Group B 1500 Freestyle	End of Session #1 *	35 minutes *
Session 3	Group B List-1 Events	End of Session #2 *	65 minutes *
Saturday, July 18 th , 2015		Warm-Up	Start
Session 4	Group C List-1 Events	7:15am	8:20am
Session 5	Group C 800 Freestyle/Group A 1500 Freestyle	End of Session #4 *	35 minutes *
Session 6	Group A List-2 Events	End of Session #5 *	65 minutes *
Sunday, July 19 th , 2015		Warm-up	Start
Session 7	Group C List-2 Events	7:15am	8:20am
Session 8	Group C 1500 Freestyle/Group B 800 Freestyle	End of Session #7 *	35 minutes *
Session 9	Group B List-2 Events	End of Session #8 *	65 minutes *

§ * Starting times for all sessions after the first session each day will be determined after entries are received and a time line created!

Warm-up Procedures	<p>§ Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes.</p> <p>Entry Into Pool:</p> <p>§ All swimmers must enter the pool from the starting end of the pool.</p> <p>Host Team Monitoring Warm-ups</p> <p>§ Bergen Barracuda Meet Marshalls will monitor all warm-ups.</p> <p>§ All general warm-up lanes will swim in a counterclockwise direction.</p> <p>Warm-up Schedules</p> <p>§ The warm-up sessions will be two 30-minute warm-ups divided by teams.</p> <p>§ At the Meet Referee's discretion, Lane 1 may be designated a pace lane and Lanes 6, 7 and/or 8 may be designated one way lanes.</p>
Entry Times	<p>§ New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time.</p> <p>§ All entry times must be slower than the New Jersey Swimming Summer JO's Gold Time.</p> <p>§ All entry times must be in long course meters.</p> <p>§ Converted times from SCY and SCM are acceptable for this meet and for New Jersey Swimming LC JOs.</p> <p>§ For all New Jersey Swimming Championship Meets, proof of time must be included with all entries. Entries without proof of time will not be accepted into any New Jersey Swimming Championship Meet. (See "Proof of Times Reporting" section below)</p>
Proof of Times Reporting	The TM entries report with the <i>Include Proof of Time</i> option selected will suffice. This report should be saved as a PDF file and the file emailed to the entry coordinator along with the entry file.
Starts	§ "Fly-over/Over-the-top" starts will be used. If there is a need to slow down the meet and at the discretion of the meet referee, swimmers will be allowed to get out of the pool prior to the start of the next heat.

Check-In:	<p>§ All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their names. Swimmers that are being scratched will have their names circled with "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle.</p> <p>§ Failure to follow the check-in procedure may result in the swimmer(s) being scratched from the session.</p> <p>§ All distance events will have a positive check-in sheet that will be posted in the control room.</p>
Distance Events (800 & 1500m Free)	<p>§ The 800 and 1500m Freestyle events will be swum as combined age-group events, but awards will be presented by age group as defined in the awards section below.</p> <p>§ The 800 and 1500m Freestyles will be run slowest to fastest.</p> <p>§ The 800 and 1500m Freestyles will alternate women and men. Genders may be combined in the initial heats in order save time.</p>
Heat Limited Events	<p>§ There are no heat-limited events in a NJS Championship meet.</p>
Relays	<p>§ All relays must have the correct four names listed in the correct order for the relay to be eligible.</p> <p>§ Coaches must turn in relay cards prior to each relay competition listing correct swimmers' names and correct order.</p> <p>§ In the 15 & over relays, if a team uses a swimmer who is 20 years or older, that relay will not receive an award.</p> <p>§ As this is a Silver/Bronze level Meet, only swimmers with SLOWER THAN: GOLD TIME STANDARD prior to this meet may swim on relays. 13-14 and 15 & Over Medley Relay swimmers MAY NOT swim that stroke on the 200m Medley Relay if that swimmer has a Gold or better time in the 100m distance of that stroke: backstroke, breaststroke, or butterfly! The Meet Referee and/or the Meet Committee will handle any protest of relay swimmers during the meet. New Jersey Swimming will handle any protest of relay swimmers after the meet. (See the NJS Policy Manual for possible fines and sanctions for violation of this policy.)</p>
Scoring	<p>§ Team Scoring will not be kept.</p>
Awards	<p>§ Medals will be awarded for the top 3 relays in each relay event, after the results for all of the Groups (D, E and F) have been combined.</p> <p>§ Medals will be awarded for the top 8 swimmers in each individual event after the results for all of the Groups (D, E and F) have been combined.</p> <p>§ There will be no awards given to swimmers 20 years and older.</p> <p>§ There will not be separate Bronze division awards.</p>
Entry Fees	<p>§ Individual non-800/1500 Entry Fee: \$6.00</p> <p>§ Individual 800/1500 Entry Fee: \$11.00</p> <p>§ Relay Entry Fee: \$9.00</p> <p>§ Make checks payable to: Bergen Barracuda Swim Team</p>
Admission and Programs:	<p>§ Admission will be \$7.00 per session.</p> <p>§ Heat sheets will be available at \$3.00 per session.</p>
Entries	<ul style="list-style-type: none"> • In accordance with NJS policy, team entries may be submitted by e-mail to entries1@juno.com. All entries must be Hy-Tek program entries as an attached file to an e-mail. <p>§ All entries must be accompanied by a proof of times report. The TM Meet Entries Report with the Proof of Time option selected will suffice. This report should be saved as a RTF/PDF file and e-mailed to the entry coordinator along with the entry file.</p> <ul style="list-style-type: none"> • Where the TM proof of time option is not available, separate report(s), detailing where times were achieved must be sent with the entry e-mail. Mailed paper reports are not acceptable. <p>§ The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the sender's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone.</p> <p>§ An Entry Fee Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry.</p> <p>§ Incomplete entries will not be accepted. Deck entries will not be accepted.</p>

Results	§ Results will be e-mailed to all participating teams after the meet.
Host Club Responsibilities	<p>§ The host club will provide a single timer in each lane throughout the meet.</p> <p>§ The host club will have stopwatches available for volunteers helping to time.</p> <p>§ The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs no later than 1 week before the meet. The warm-up schedule will also be posted on the meet web site.</p> <p>§ The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs no later than 1 week before the meet and posted on the meet web site.</p> <p>§ A hospitality room will be maintained for coaches and officials. It is located behind the control room on the pool deck.</p>
Participating Club Responsibilities	<p>§ Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs 1 week prior to the meet.</p> <p>§ Participating club parents must stay off the pool deck except for timing assignments.</p> <p>§ Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet waiver/verification form.</p>
Concessions	Rutgers University will provide refreshments throughout the meet.
Vendor	Metro Swim Shop will be the vendor at this meet.
Hotels:	<p>§ Brunswick Hilton, Three Center Drive, East Brunswick, NJ 732-828-2001</p> <p>§ Days Inn-South Plainfield, 2989 Hamilton Boulevard, South Plainfield, NJ 732-753-2600</p> <p>§ Embassy Suite (closest to pool) 212 Centennial Ave, Piscataway, NJ 732-980-0500</p> <p>§ Holiday Inn-Somerset, 195 Davidson Avenue, Somerset, NJ 732-356-1700</p>
Directions:	<p><i>Directions to Sonny Werblin Recreation Center:</i></p> <p>Address: 656 Bartholomew Rd, Piscataway Campus: Busch Campus</p> <p>Garden State Parkway Southbound Turn off at Exit 129 and take the New Jersey Turnpike South. Exit the Turnpike at Exit 9, follow NJ Turnpike directions below.</p> <p>Garden State Parkway Northbound Turn off at Exit 105 and follow signs for Route 18 North. After approximately 24 miles, you will pass the entrance for the New Jersey Turnpike. Continue on Route 18 North. After approximately 3.7 miles Route 18 will cross the Raritan River. Continue on Route 18 North to the Campus Rd exit ramp on the right. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.</p> <p>Interstate 287 Turn off at Exit 9 Bound Brook/Highland Park. Proceed East on River Road towards Highland Park. Continue on River Road and you will pass under the overpass for Route 18. Turn left at the next traffic light onto North. Take the next exit on Route 18 North, Campus Road. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.</p> <p>New Jersey Turnpike Exit the Turnpike at Exit 9, bear right after the tollbooths and follow signs for Route 18 North—New Brunswick. Stay to the left to continue on Route 18 North. Proceed along Route 18 North. After approximately 3.7 miles Route 18 will cross the Raritan River. Continue on Route 18 North to the Campus Rd exit ramp on the right. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.</p> <p>US Route 1 Turn off at exit marked Route 18 North—New Brunswick. Proceed along Route 18 North. After approximately 3.7 miles Route 18 will cross the Raritan River. Continue on Route 18 North to the Campus Rd exit ramp on the right. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.</p> <p>Rutgers will have posted signs indicating which of the parking lots are for the swim meet. Please use one of these lots. Rutgers campus police may ticket automobiles that are parked in lots other than those designated for the swim meet!</p>

Order of Events

Event List – 1

Group A Event #	Group B Event #	Group C Event #	Event	Slower Than	Equal/Faster Than
1	33	61	Girls 13-14 200 Medley Relay	**Gold	
2	34	62	Boys 13-14 200 Medley Relay	**Gold	
3	35	63	Women 15 & Over 200 Medley Relay	**Gold	
4	36	64	Men 15 & Over 200 Medley Relay	**Gold	
5	37	65	Girls 13-14 400 Freestyle	4:58.09	5:28.99
6	38	66	Boys 13-14 400 Freestyle	4:45.19	5:27.39
7	39	67	Women 15 & Over 400 Freestyle	4:46.99	5:17.79
8	40	68	Men 15 & Over 400 Freestyle	4:25.99	4:59.89
9	41	69	Girls 13-14 100 Backstroke	1:13.59	
10	42	70	Boys 13-14 100 Backstroke	1:10.39	
11	43	71	Women 15 & Over 100 Backstroke	1:10.39	
12	44	72	Men 15 & Over 100 Backstroke	1:04.69	
13	45	73	Girls 13-14 200 Breaststroke	3:04.39	3:23.69
14	46	74	Boys 13-14 200 Breaststroke	2:53.99	3:19.29
15	47	75	Women 15 & Over 200 Breaststroke	2:57.79	3:15.69
16	48	76	Men 15 & Over 200 Breaststroke	2:43.49	3:04.49
17	49	77	Girls 13-14 100 Butterfly	1:12.79	
18	50	78	Boys 13-14 100 Butterfly	1:08.99	
19	51	79	Women 15 & Over 100 Butterfly	1:08.39	
20	52	80	Men 15 & Over 100 Butterfly	1:01.99	
21	53	81	Girls 13-14 50 Freestyle	29.69	
22	54	82	Boys 13-14 50 Freestyle	27.99	
23	55	83	Women 15 & Over 50 Freestyle	28.59	
24	56	84	Men 15 & Over 50 Freestyle	25.89	
25	57	85	Girls 13-14 200 IM	2:39.79	2:57.39
26	58	86	Boys 13-14 200 IM	2:30.39	2:54.69
27	59	87	Women 15 & Over 200 IM	2:31.89	2:50.09
28	60	88	Men 15 & Over 200 IM	2:20.39	2:38.99

* In order to swim in a medley relay designated as a Silver/Bronze event, no swimmer on that relay may have a previous Gold time in the 100 meter stroke (Back, Breast or Fly) that the swimmer will swim in that relay.

Distance Events

Group A Event #	Group B Event #	Group C Event #	Event	Slower Than	Equal/Faster Than
29	151	89	Girls 13-14 800 Freestyle	10:32.69	11:08.79
			Women 15 & Over 800 Freestyle	9:51.79	10:58.99
30	152	90	Boys 13-14 800 Freestyle	10:06.29	10:48.79
			Men 15 & Over 800 Freestyle	9:26.79	10:22.29
91	31	149	Girls 13-14 1500 Freestyle	19:56.79	20:57.89
			Women 15 & Over 1500 Freestyle	19:22.19	20:45.09
92	32	150	Boys 13-14 1500 Freestyle	19:37.39	20:26.29
			Men 15 & Over 1500 Freestyle	18:23.89	19:36.69

Event List - 2

Group A Event #	Group C Event #	Group B Event #	Event	Slower Than	Equal/Faster Than
93	121	153	Girls 13-14 200 Freestyle Relay	**Gold	
94	122	154	Boys 13-14 200 Freestyle Relay	**Gold	
95	123	155	Women 15 & Over 200 Freestyle Relay	**Gold	
96	124	156	Men 15 & Over 200 Freestyle Relay	**Gold	
97	125	157	Girls 13-14 200 Freestyle	2:20.39	2:35.09
98	126	158	Boys 13-14 200 Freestyle	2:13.59	2:32.99
99	127	159	Women 15 & Over 200 Freestyle	2:14.49	2:29.19
100	128	160	Men 15 & Over 200 Freestyle	2:02.89	2:18.39
101	129	161	Girls 13-14 200 Backstroke	2:39.69	2:59.39
102	130	162	Boys 13-14 200 Backstroke	2:32.49	2:55.29
103	131	163	Women 15 & Over 200 Backstroke	2:30.99	2:50.09
104	132	164	Men 15 & Over 200 Backstroke	2:21.59	2:41.99
105	133	165	Girls 13-14 100 Breaststroke	1:25.79	
106	134	166	Boys 13-14 100 Breaststroke	1:19.79	
107	135	167	Women 15 & Over 100 Breaststroke	1:21.99	
108	136	168	Men 15 & Over 100 Breaststroke	1:13.49	
109	137	169	Girls 13-14 200 Butterfly	2:47.79	3:04.89
110	138	170	Boys 13-14 200 Butterfly	2:39.99	3:01.09
111	139	171	Women 15 & Over 200 Butterfly	2:35.99	2:59.09
112	140	172	Men 15 & Over 200 Butterfly	2:25.19	2:44.49
113	141	173	Girls 13-14 100 Freestyle	1:03.89	
114	142	174	Boys 13-14 100 Freestyle	1:00.89	
115	143	175	Women 15 & Over 100 Freestyle	1:01.99	
116	144	176	Men 15 & Over 100 Freestyle	56.19	
117	145	177	Girls 13-14 400 IM	5:44.29	6:23.49
118	146	178	Boys 13-14 400 IM	5:26.99	6:17.49
119	147	179	Women 15 & Over 400 IM	5:24.39	6:11.59
120	148	180	Men 15 & Over 400 IM	5:03.69	5:54.09

* In order to swim in a freestyle relay designated as a Silver/Bronze event, no swimmer on that relay may have a previous Gold time in the 50 freestyle.



NEW JERSEY SWIMMING

NJ Swimming 2015 13 & Over Silver/Bronze Championships

Friday-Sunday July 17th-19th

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Rutgers The State University, Bergen Barracuda Swim Team, Be Smartt Inc and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the NJ Swimming 2015 13 & Over Silver/Bronze Championships meet on July 17th- 19th, 2015 are registered members of USA Swimming. All USA Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code _____

Signature of Coach and/or Parent/Guardian _____

Telephone _____ E-Mail Address _____

Name(s) of Coach(es): _____

Name/E-Mail/Phone Number of person to contact regarding this entry:

Name/E-Mail/Phone Number of person to contact regarding timers/officials:

Entry Fee Summary:	_____	Non-800/1500m Individual event entries @ \$6.00 =	\$ _____
	_____	800/1500m Individual event entries @ \$11.00 =	\$ _____
	_____	Relay entries @ \$9.00 =	\$ _____
		Total:	\$ _____

Make checks payable to: Bergen Barracuda Swim Club

Article 302.4 of the USA Swimming Rules and Regulations

False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

List all Unattached Swimmers:

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____