

	<p><b>NEW JERSEY SWIMMING</b>  <b>SHORT COURSE JUNIOR OLYMPICS</b>  <b>Hosted by BERKELEY AQUATIC CLUB</b>  (Held under the sanction of USA Swimming.)</p>
Meet Sanction #:	<p><b>NJS032015SC</b>  In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>
Date(s) of Meet:	<p>Friday, March 20, 2015  Saturday, March 21, 2015  Sunday, March 22, 2015</p>
Location of Meet:	<p>The pool is located in the Sonny Werblin Recreation Center on the Busch Campus of Rutgers University in Piscataway, New Jersey.</p> <p>656 Bartholomew Road  Piscataway, NJ 08854-8003</p> <p>The Center's main number is 848-445-0462. <b>(This number is for emergencies only.)</b> All calls regarding this meet should be directed to the Meet Director.</p>
Meet Facility:	<p>The pool is Olympic-sized, divided into two 25 yard 8 lane pools. One half will be known as the "Main Pool" (nearest the large scoreboard) and the other as the "Dive Pool" (nearest the diving tower). Both event pools use pedestal-style starting blocks, with non-turbulent lane lines, and a Colorado Timing system. There are two auxiliary pools, known as "patio pools" (for warm-up and warm-down), and seating for 1,000 spectators, including 400 chair-backed seats. The remaining seating is bleacher style. The minimum water depth in the competition pools is 6 feet. The main or scoreboard pool is 6 feet deep at the starting end and 6'10" deep at the bulkhead. The dive pool ranges from 7 feet deep in lane 8 to 14 feet deep in lane 1. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.</p> <p>SWIMMERS will be allowed to sit ONLY in the first three rows of the bleachers and not at all in the chair backed seats. Seating in these first three rows is considered 'open' with no team having exclusive rights to particular sections of the bleachers. There is NOT enough room in the morning and afternoon sessions for swimmers to stay in the pool area all the time. The gymnasium on the ground floor of the Werblin Recreation Center will be available and must be used by the swimmers in both the morning and the afternoons. Swimmers should plan to be in the gym when they are not warming up/down or swimming. There will be a marshal stationed in the gym for safety purposes who will also make a best effort to maintain up-to-date postings of the events as they are swum. (NOTE: Meet personnel cannot be held responsible for swimmers who miss events.) Parents are allowed to bring chairs into the gym but not into the pool area. Parents are welcome to stay with their swimmers in the gym.</p> <p><b>Swimmers' bags will have to go into the gym in the morning and</b></p>

	<p><b>afternoon sessions.</b> No swim bags will be permitted in the pool area in the morning and afternoon.</p> <p>NOTE: The gym will not be used during the evening finals sessions. All belongings <b>MUST</b> be removed from the gym prior to the start of Evening Warm-Ups. Belongings left will be collected by Rutgers Staff and Meet Personnel and will be turned into the facility Lost and Found. Rutgers/Meet Host shall not be held responsible for lost or stolen items.</p> <p>Parents are not permitted on deck unless they are working at the meet at that time.</p>
Meet Director:	Becky Hammond; <a href="mailto:bacmeetentries@berkeleyaquaticclub.com">bacmeetentries@berkeleyaquaticclub.com</a>
Meet Referee(s):	Chris Barry; <a href="mailto:accebarry@verizon.net">accebarry@verizon.net</a> Rob King; <a href="mailto:npping1@verizon.net">npping1@verizon.net</a>
Meet Safety Coordinator(s):	Anitha Kamath; <a href="mailto:anithakam@gmail.com">anithakam@gmail.com</a> Felicia DeBonis <a href="mailto:fx2debonis@verizon.net">fx2debonis@verizon.net</a>
Entry Coordinator:	Mary Sartorio; <a href="mailto:bacmeetentries@berkeleyaquaticclub.com">bacmeetentries@berkeleyaquaticclub.com</a>
Entry Deadline:	<p>The qualifying period for this Meet is January 1, 2014 through the entry deadline(s) for the Meet.</p> <p style="text-align: center;"><b>Summary of the Entry Deadlines:</b></p> <p><b>NOTE: When Proof of Times is required, it must be provided and provided only for the entries being submitted at that time. The Proof of Time for custom times must be clear with the appropriate swimmer and time circled, highlighted or otherwise indicated. Please do not submit multiple page results for the Entry Coordinator to sift through.</b></p> <p><b>Tuesday, March 10<sup>th</sup> by 11:59 PM:</b></p> <p>All entries, except amendments and entries from the Region A 13-19 Silver/Bronze Championship Meet and the NJS Senior Championships are due.</p> <p>These entries must include Proof of Times in a PDF by athlete.</p> <p>‘Relay-Only’ swimmers must be submitted at this time unless they are submitted through an amendment entry.</p> <p><b>Wednesday, March 11th by 5 PM:</b></p> <p>Entry Coordinator will respond, via e-mail, that entries have been received and accepted. If you do not receive an e-mail, you must contact the Entry Coordinator by 11:59 PM on March 11th. If your original e-mail did not go through and you can send the original e-mail proving that you sent it by the deadline, the Entry Coordinator will accept entries at this point.</p>

**Tuesday, March 17<sup>th</sup> by 7 AM:**

All entries from the Region A 13-19 Silver/Bronze Championship Meet and the NJS Senior Championships must be submitted in an electronic file using the TM file called "2015 Sr State and Reg A 13 19 SB Entries NJJO". Only times obtained at the Region A 13-19 Silver/Bronze Championship Meet or the NJS Senior Championships may be submitted in this file.

These entries must include Proof of Times in a PDF by athlete.

Also, at this time, all known Amendments must be submitted in a separate electronic file (not with the Region A 13-19 Silver/Bronze Championship Meet and/or the NJS Senior Championship entries) using a TM file called "2015 Entries from Amendments NJJO".

The "2015 NJJO Amendment Entries" MUST include proof of times for only the entries in this file in a PDF by athlete.

PLEASE NOTE: These Amendment Entries will incur a \$5 per entry surcharge on top of the regular entry fee.

**Tuesday, March 17<sup>th</sup> by 3 PM:**

Entry Coordinator will send, to each team, a copy of all entries submitted thus far, along with Team Rosters. This is each team's FINAL CHANCE to check the entries and to make certain that all swimmers are entered (including 'Relay-Only' swimmers). Please ask swimmers to proof their own entries.

**Tuesday, March 17<sup>th</sup> – After a report of your combined entries has been sent to you by the Entry Coordinator:**

All further Amendments must be submitted by sending the Entry Coordinator a Hy-Tek file. This file should ONLY contain any additional Amendment entries.

Proof of Times in a PDF by athlete of JUST THESE Amendment Entries is required at this time.

**Please Note:** It is expected that entries, at this time, will be minimal and will consist ONLY of true mistakes by the Coach or the Entry Coordinator.

**Wednesday, March 18<sup>th</sup> by 9 AM:**

ABSOLUTE deadline for accepting the last amendments.

Entry Coordinator will respond that amendments (ONLY) have been received and accepted. IF your e-mail did not go through and you can send the

	<p>original e-mail proving that you sent it by the deadline, the Entry Coordinator will accept it. You must contact the Entry Coordinator by <b>noon</b> on Wednesday. Mistakes on participating team's part such as sending the incorrect file will not be corrected by the Entry Coordinator after 9 AM. No changes will be made on deck.</p> <p><b>Wednesday, March 18<sup>th</sup> by 9 PM:</b></p> <p>Psych sheets will be posted on the Berkeley website. ONLY errors found on the posted Psych Sheets that were caused by the entry coordinator after the combined entry files were sent will be corrected (example: entry coordinator mistyped entries from your email or inadvertently deleted an entry that was showing on the entries sent to you) Mistakes by participating teams will no longer be corrected. You must have proofed the entries sent to you and have found the mistakes at that time (examples of mistakes that will not be corrected: you forgot a swimmer, you sent the wrong files, you listed the wrong time, you didn't proof the entries sent to you, you missed the deadline etc.) Therefore, if a swimmer or relay is not listed on the psych sheets, the swimmer or relay will not swim.</p> <p>NOTE: It is not necessary to overnight or express mail checks that are sent in support of an e-mailed entry. Please note that if the participating team does not receive a response from the entry coordinator by any of the above deadlines, it is the responsibility of the participating team to contact the entry coordinator by phone.</p>
Relay Naming:	<p>When adding relays during the amendment or silvers addition process, you must make sure that each relay you have submitted throughout the process has a unique name. For example, if you originally submitted two relays in Event 41, they will be you're A and B relays. If you now submit and additional Event 41 with your silver entries, your Team Manager will call it the "A" relay. You must rename it to the "C" relay or this "new" relay will simply overwrite the previous "A" relay. If you then submit a fourth Event 41 relay with amendments, you must rename it "D". If you only want to update the times of your "A" relay with amendments (which will cost \$5), then call your relay "A" and the times will be updated without adding a relay.</p>
Meet Format Waiver:	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include: to allow more swimmers to swim; to conform to facility capacity limits or for facility safety concerns; to condense the meet into smaller time frame.</p> <p>One such consideration includes:</p> <p>At the entry deadline, if the 13&amp;O Prelim sessions are sufficiently smaller in nature, the 12&amp;U Timed Final sessions may be split into two separate sessions: 12&amp;U Girls followed by 12&amp;U Boys, or 11/12's followed by</p>

	<p>10&amp;Unders. These potential split sessions would run with an odd/even format similar to 13&amp;O SB Champs at RU. An announcement regarding the format of the 12&amp;U Timed Final sessions at the 2015 NJ Swimming Winter JO's will be made immediately following the initial entry deadline.</p>
Internet Website Posting:	<p>Meet information and a Hy-Tek event list with time standards, importable into Team Manager, will be posted on the Berkeley Aquatic Club website and on the New Jersey Swimming website:</p> <p><a href="http://www.berkeleyaquaticclub.com">www.berkeleyaquaticclub.com</a> and <a href="http://www.njswim.org">www.njswim.org</a></p> <p>Psych Sheets will be posted on the Berkeley Aquatic Club website no later than 9 PM on the Wednesday before the Meet. These are the final entries and no changes will be made to the entries after the psych sheets are posted unless it is an administrative error on the part of the entry coordinator (see above for examples). A PDF of results, a back-up and a Hy-Tek file of results, including splits, will also be available on this website.</p> <p>The host team will make best efforts to post live results. Live (preliminary) results may be available via Meet Mobile. Live (amended) results may be available on the Berkeley Aquatic Club website (<a href="http://www.berkeleyaquaticclub.com">www.berkeleyaquaticclub.com</a>).</p> <p>Any changes to the meet format or schedule will also be posted on the Berkeley Aquatic Club website (<a href="http://www.berkeleyaquaticclub.com">www.berkeleyaquaticclub.com</a>) and the New Jersey Swimming website (<a href="http://www.njswim.org">www.njswim.org</a>).</p>
Meet Requirement Statement:	<p>In order to be eligible for the New Jersey Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts towards those participation requirements.</p>
Audio Visual Statement:	<p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</p> <p>The meet host also prohibits the use of such devices behind the starting blocks.</p>
Coaches Eligibility:	<p>All coaches 'on the deck' must be registered with USA Swimming and be current coach members of USA Swimming. Coaches will be required to show coaching card with background check validation for entrance to the facility. Coaches must show coaching card before picking up any meet information or scratch sheets. Coaches must have coaching card visible at all times while on deck and when entering hospitality area.</p>
Officials:	<p>Participating clubs are requested to provide as many USA Swimming certified officials as possible. Please e-mail Chris Barry at <a href="mailto:accebarry@verizon.net">accebarry@verizon.net</a> to volunteer. In this correspondence, please include the days and sessions you are available to work.</p> <p>Officials working this meet must present their current 2015 Swimming Officials' credentials, as well as their current 2015 USA Swimming membership card: (1) to admissions when entering the general pool area, and</p>

	<p>(2) to the Meet Referee on deck. Any individual unable to produce the proper credentials will be charged admission and will not be eligible to work that session of the meet.</p>
Swimmer Eligibility:	<p>Swimmers must be USA Swimming registered members of NJ Swimming in order to compete in this meet. All swimmers must be listed in the team's official entry file in order to participate in the meet <b>including relay-only</b> swimmers. Any transfer swimmer(s) must swim unattached for 120 days from their last competition. Please enter these transfer swimmers as a separate team named: XXXUN where XXX are the first three letters of your team abbreviation. Entries for swimmers without valid 2015 USA Swimming registrations will not be entered in the meet. NJ Swimming performs a registration check a few days after the official entry deadline and ineligible swimmers will be notified at that time.</p> <p>All swimmers must comply with the attached time standards. Times converted from LCM or SCM are allowed.</p> <p>Swimmers may compete in a maximum of three (3) individual events per day and one (1) relay per day. Swimmers entered in more than three (3) individual events in a preliminary or timed final session who fail to scratch down to this number before the check-in/scratch deadline established for the session will only be eligible to swim in the first three (3) events in chronological, not event, order, for which the swimmer was entered in that session.</p> <p>Age group is determined by the swimmer's age on Friday, March 20th, 2015.</p>
USA-S Racing Start Certification Statement:	<p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p>
USA Swimming Deck Change Policy Statement	<p>Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited by USA Swimming.</p>
Entry Times:	<p>All entry times must be proved upon meet entry. This will be done via the "Include proof of time" option when generating the meet entry report. The proof of times report must be a single pdf file generated from Team Manager by <b>athlete</b> and must include proof of times for all entries. For any "custom entry" such as a time achieved at a high school meet, you must include a copy of the results from the meet where the time was achieved with the swimmer's name and time highlighted and the date and name of the meet clearly stated. Please do not include ALL the results of the meet; you need only include the results for the event where the "custom time" was achieved. The custom time proofs may be sent as a separate but clearly labeled file.</p> <p>A separate proof of times file must be submitted for any amendment entries also in a pdf by athlete.</p> <p>All entry times must be achieved during the meet qualifying period of January 1, 2014 through the entry date of the meet.</p>

	<p>All entry times must be in short course yards.</p> <p>Swimmers who compete in an event at the Silver/Bronze Championship meets may not compete in the same event at New Jersey Swimming's Junior Olympic Meet unless they achieved the Gold time standard at the Silver/Bronze meet, or at another Sanctioned or Approved meet attended in between the Silver/Bronze meet and the Junior Olympic Meet.</p> <p>All swimmers must meet the attached SCY time standards. Times may be converted using Team Manager from LCM and SCM times but must be submitted in SCY. The acceptable conversion factors are:</p> <p>Proof of Time Conversion Factors in Team Manager:</p> <p>Conversions must use the Hy-Tek default factors built into Team Manager. In Team Manager, go to set-up, then conversions. Make sure that:</p> <p style="padding-left: 40px;">The Yard to SC Meters must be set to: 1.11  The Freestyle Turns = 0.8, Backstroke Turns = 0.6, Breaststroke Turns = 1, Butterfly Turns = 0.7, and Individual Medley Turns = 0.8  500 yd. Free to 400 m. Free and 1000 yd. Free to 800 m. Free = .875 and 1650 yd. Free to 1500 m. Free = 1.006</p> <p><b>DO NOT SET THE STRAIGHT CONVERSION FACTOR TO ANY PERCENT FACTOR!</b></p>
Entry Limits:	<p>All swimmers are limited to competing in a maximum of 3 individual events per day + 1 relay per day. Swimmers must swim only in events in their age group, including relays. The 800 Free Relay is the only event that is an Open event.</p> <p>Swimmers entered in more than three (3) individual events in a preliminary or timed final session who fail to scratch down to this number before the check-in/scratch deadline established for the session will be eligible to swim only in the first three (3) events for which the swimmer was entered in that session.</p> <p>Age group is determined by the swimmer's age on Friday, March 20, 2015.</p>
Age-Up Exception:	<p>For a swimmer who ages up during the period between a previous New Jersey Swimming championship meet and the Junior Olympics Meet AND was too fast to swim those events at the previous championship for the younger age AND had achieved qualifying times in certain events for the younger age group for the Junior Olympics but that time does not qualify for those events in the older age group at the Junior Olympics Meet, that swimmer will be permitted to enter those same events in the Junior Olympics Meet in the older age group <b>using the older age group cut-off time</b> as the swimmer's entry time to allow for automatic seeding of the event.</p> <p>This applies to:</p> <p><u>12 and Under Silver/Bronze Meets – Regions B, C and D Teams</u>  Swimmers who turn 11 between February 22 and March 20, 2015, inclusive</p>

	<p><u>12 and Under Silver/Bronze Meets – Regions A, E and F Teams</u> Swimmers who turn 11 between March 1 and March 20, 2015, inclusive</p> <p><u>13 and 14 Silver/Bronze Meets – Region A Teams:</u> Swimmers who turn 13 or 15 between March 14 and March 20, 2015, inclusive</p> <p><u>13 and 14 Silver/Bronze Meets – Region B Teams:</u> Swimmers who turn 13 or 15 between March 8 and March 20, 2015, inclusive</p>
Swimmers Age 20 and Over:	<p>Swimmers age 20 and over, who have achieved 2015 USA Swimming Junior National Championship times (either the LCM or SCY meet) since January 1, 2014, may participate in preliminary and timed final individual events only.</p> <p>The 2015 Junior National Championship time standards can be found on the USA Swimming website (<a href="http://www.usaswimming.org">www.usaswimming.org</a>), in the event section under the 2015 Junior National Championships.</p>
Meet Format:	<p>All 10/U &amp; 11/12 events will be swum as timed finals. 13/14 &amp; 15/19 events will be a trials and finals format with consolation and championship finals (fastest 16 swimmers from preliminaries) held in the evening session. The 1000 &amp; 1650 freestyle events and all relays will be timed finals. All 1000 and 1650's will be swum in the morning for 13/14's and 15/19's and the afternoon for 11/12's. The top 8 seeded relays after morning check-in in the 13/14 &amp; 15/19 age groups and the top 8 seeded relays after morning check-in in the Open 800 Free relays will be swum at night.</p> <p><b><u>SCHEDULE</u></b></p> <p style="text-align: center;"><b>Morning Preliminaries (13/14 &amp; 15/19):</b> <b>Warm-Up: 7:15-8:15 AM</b> <b>START: 8:20 AM</b></p> <p style="text-align: center;"><b>Afternoon Timed Finals (10/U &amp; 11/12):</b> <b>Warm-Up: To be determined by March 16th</b> <b>START: One hour and 10 minutes after Warm-Up begins</b></p> <p style="text-align: center;"><b>Evening Championships (13/14 &amp; 15/19):</b> <b>Warm-Up: To be determined by March 16th</b> <b>START: One hour after Warm-Up begins</b></p> <p><b><i>DOORS OPEN AT 7:00 AM - NO EARLIER</i></b></p>
Warm-Up Procedures:	<p>The Warm-Up will be conducted in accordance with New Jersey Swimming Warm-Up Policies. Each club will be assigned a Warm-Up period. The Warm-Up schedule will be posted on the Berkeley Aquatic Club website (<a href="http://www.berkeleyaquaticclub.com">www.berkeleyaquaticclub.com</a>). The Warm-Up schedule will also be e-mailed to participating clubs and NJ Swimming (for posting) not less than one week before the beginning of the Meet. Warm-Up times will be divided into two 30-minute periods by CLUB and lanes WILL NOT be assigned. Swimming will be in the counter clockwise direction. Entry shall be from the</p>

	<p>starting block end of each pool and must be feet first entry. At the Meet Referee's discretion, Lane 1 may be designated a pace lane and Lanes 6, 7 and/or 8 may be designated one way lanes in the Main (scoreboard) pool and Lanes 1, 2 and/or 3 may be designated as one way lanes in the Dive pool. Relay starts may not be used.</p> <p>Where two Warm-Up periods are required, swimmers are restricted from gathering behind the blocks until the swimmers in the previous Warm-Up have exited the pool.</p> <p><b>PLEASE NOTE:</b> Swimmers are prohibited from using any 'equipment' or swimming aids during warm-up without formal approval from the Meet Referee.</p>
Check-In:	<p>The entire meet will be deck seeded. All check-in sheets must be turned into the control room 30 minutes after the start of warm up. Swimmers who are swimming will have lines drawn through their names. Swimmers who are being scratched will have their names circled with "SCR" next to the circle. Swimmers scratching a single event will have a line through their names and the event number circled with "SCR" next to the circle. Any swimmer who has not checked in may be scratched from their events that day.</p> <p>The top-8 13/14, 15/19 and Open relays are swum with finals. Teams may opt to swim in the morning session even if they are seeded in the top 8 relays if there are more than 8 relays after scratches. A RELAY CHECK-IN SHEET will be posted in the control room during the morning scratch time. The sheet will list each relay for the day and coaches can indicate that the relay will be scratched, that the relay will be swum but will only be swum during the morning session or that the team is willing to swim the relay morning or evening. If a team does not check in on the sheet by 1 hour after the end of warm up, they may be scratched. If a team does not indicate that they only want to swim in the morning and the team is seeded to swim a relay at night whether by original seeding or by seeding after scratches, the team must swim at night or they will be disqualified. There will be no changes to this AM/PM decision later than 1 hour after the end of warm-up of the day of the relay.</p>
Scratch Rule:	<p>The Scratch Rule for Championship Finals, as specified in the New Jersey Swimming Policy Handbook, will be followed for the Evening Championships. In addition, failure to show on Sunday night will result in a \$50 fine. Please note that we will accept intents to scratch as specified in the policy.</p>
Distance Events:	<p>All of the 1000 and 1650 freestyles are timed final events. The 13/14 &amp; 15/19 1000's and 1650's will be swum fastest to slowest, alternating heats by age group for the 1000's, at the end of the preliminary sessions on Friday, Saturday, and Sunday. The 11-12 distance events will be swum slowest to fastest. Swimmers in the 1000 &amp; 1650 must provide their own counters and one timer. Berkeley Aquatic Club will provide a second timer.</p>
Relay Cards:	<p>Procedures for scratching or for indicating that a relay will only be swum in the morning are given above under <i>Check In</i>.</p>

	<p>Relay cards will be provided to each team. The relay cards with names are due 30 minutes before the start of the relay event. Relays swum in the evening must submit their cards 30 minutes prior to the start of the relay event in the evening. Relays that have not submitted cards by the specified time may be disqualified. Relays should check in with the timer in their lane to make sure the correct names in the correct order are listed. Changes can be made with the timer or with the computer operators until the heat has stepped up. NO CHANGES will be made after that time. Please note that in accordance with NJS Championship swimming policy, swimmers are not allowed to swim up for relays; they must swim on a relay of the appropriate age group, with the exception of the 800 Free Relay which is an open event. Relays may contain swimmers who are not swimming individual events. However, those swimmers must be 2015 USA registered swimmers and must be entered in the Team Manager file with the rest of the swimmers, just swimming no events. Exhibition relays are not allowed.</p>
Scoring:	<p>Scoring for the team title will be through 16 places as follows: (20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1) for individual events and for relay events (40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2).</p>
Awards:	<p>New Jersey Swimming Junior Olympic medals will be presented to the top 8 finishers in individual events and to the top 3 finishers in relay events. Trophies will be presented to the three teams accumulating the highest scores. Individual high point awards will be given to the top individual male and female performers in each age group.</p>
Entry Fees:	<p>In accordance with the New Jersey Swimming rules, a non-refundable entry fee of \$5.00 per individual timed final event except the 1650 and 1000, \$11 for each 1650 and 1000, \$6.00 per individual prelim/final event and \$8.00 per relay event must be sent or delivered to the meet host at the start of the first session at which the team swims.</p> <p>PLEASE NOTE: Amended entries will also incur a \$5 surcharge in addition to the regular entry fee.</p> <p><i>Make checks payable to "Blue Streak Aquatic".</i></p> <p>The host club reserves the right to scratch any or all entries for swimmers/teams that have not submitted the required forms and entry fee by the time of the meet.</p>
Admissions and Programs:	<p>Admission will be \$8.00 each morning or afternoon session. Programs will be \$15.00 for the psych sheets for the entire meet. The host team will make a good faith effort to make heat sheets to give to those who have purchased programs, one heat sheet per program per session. Finals admissions will be \$5.00 and will include a heat sheet program.</p>
Entries:	<p>In accordance with NJS policy, entries may be submitted by Email to <a href="mailto:bacmeetentries@berkeleyaquaticclub.com">bacmeetentries@berkeleyaquaticclub.com</a>. All entries must be Hy-Tek program-compatible entries as an attached file to an email. A single swimmer entering unattached may send entries written out in the body of an email. The meet entry coordinator will respond to emails within 48 hours. If you do not receive an email response within 48 hours, assume that your email has not been received. It is the e-mailer's responsibility to make sure that the e-mail is received by the entry coordinator. If you do not receive an e-mail response,</p>

	<p>you must contact the entry coordinator by phone.</p> <p><b>Waiver releases and fees must be received in the Control Room no later than the first session of the meet where the team competes.</b></p> <p><b>Team entries will be considered accepted when the host club accepts the entries (via e-mail confirmation).</b></p> <p>Deck entries will not be accepted. No phone or faxed entries will be accepted. Since this is a championship meet, all entries which meet the time standards and are received by the stated deadlines, will be accepted. You will not be closed out of the meet because of oversubscription.</p> <p><b>NOTE:</b> Fed-Ex, Airborne and other carriers cannot deliver to P.O. boxes. If you mail your entry summary, waiver and check directly to our facility and not to our P.O. Box, we may not receive it in a timely manner. Please send mail only to our P.O. Box.</p> <p>Entry fees must be paid by the time of the meet. Please mail all checks and supporting documentation to:</p> <p style="text-align: center;"><b>Berkeley Aquatic Club – NJJO’s</b>  <b>P.O. Box 215</b>  <b>Berkeley Heights, NJ 07922</b></p> <p style="text-align: center;"><b>Telephone: (908) 464-0574</b></p>
Time Trials:	Time Trials will be conducted in compliance with the New Jersey Swimming Time Trial Policy as specified in the New Jersey Swimming Policy Handbook. Time trials will be conducted only if time allows.
Host Club Responsibilities:	<p>A hospitality room will be maintained for coaches and officials. It is located behind the control room on the pool deck.</p> <p>The Host club will provide all timers for evening Finals.</p> <p>The Host club will provide timing assignments and warm up assignments to each participating club by email and will post on the websites within 1 week of the start of the meet.</p>
Participating Club Responsibilities:	<p>Participating clubs are encouraged to provide as many officials as possible. (Contact Chris Barry, Meet Referee, with any questions: <a href="mailto:accebarry@verizon.net">accebarry@verizon.net</a>.)</p> <p>Participating clubs must provide timers at the request of Berkeley Aquatic Club. Swimmers in the 1000 and 1650 must provide their own counters and one timer. Berkeley Aquatic Club will provide an additional timer.</p> <p>Participating club parents must stay off the pool deck unless they are timing or officiating.</p> <p>All athletes, coaches, volunteers and spectators are expected to follow</p>

	<p>all posted facility guidelines as well as any instructions as communicated by Facility or Meet Management throughout the full duration of the Meet.</p> <p>Failure to comply with posted/communicated guidelines could result in removal from the facility for either the remainder of the Session or the remainder of the Meet.</p> <p>Seating for both swimmers/coaches and spectators is open and available on a first-come, first-serve basis. The saving of seats by spectators, swimmers or teams is <b>STRICTLY</b> prohibited. Event staff and facility personnel reserve the right to manage seating in accordance with these guidelines.</p> <p>For this meet, swimmers shall have available for seating the bottom three (3) rows of the bleachers as well as full use of the gymnasium on the ground floor of the Werblin Recreation Center. Spectators shall have available all other seating in the natatorium (including the remaining bleacher rows) as well as full use of the gymnasium. The use of outside chairs (other than those required for guests with disabilities) is strictly prohibited by facility management in ALL areas except in the gymnasium.</p> <p><b>PLEASE NOTE:</b> Balls, Frisbees or other items intended to be thrown, kicked or hit are prohibited in the gymnasium.</p> <p>In the interest of Safety for all in attendance, sitting or standing on stairs or in aisles leading to exits is strictly prohibited by the Fire Marshall. Spectators found in these prohibited areas will be instructed to vacate the area.</p> <p>Spectators are asked to limit belongings brought into the natatorium to <b>ONLY</b> items that can fit under their individual seat. Spectators with additional belongings are offered seating in the gymnasium.</p> <p>No pets are allowed on the deck, in the stands or in the gymnasium.</p>
Concessions:	Rutgers University will provide a varied menu of hot and cold refreshments throughout the competition. Concessions may open/close at Rutgers discretion throughout the meet.
Vendor:	<p>The Metro Swim Shop will be located at the opposite end of the Concourse from the spectator entrance.</p> <p>Swimmers are not permitted to use the bathrooms in this area for changing into or out of swimsuits or clothing for the meet.</p>

## ***Directions to Sonny Werblin Recreation Center***

**Address:** 656 Bartholomew Rd, Piscataway, NJ

**Campus:** Busch Campus

### **Garden State Parkway Southbound**

Turn off at Exit 129 for the New Jersey Turnpike and head south. Turn off at Exit 9, bear right after the tollbooths and follow signs for Route 18 North - New Brunswick. Stay to the left to continue on Route 18 North. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

### **Garden State Parkway Northbound**

Turn off at Exit 105 and follow signs for Route 18 North. After approximately 24 miles, you will pass the entrance for the New Jersey Turnpike. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

### **Interstate 287**

Turn off at Exit 9 - Bound Brook/Highland Park. Proceed East on River Road toward Highland Park. Continue on River Road and you will pass under the overpass for Route 18. Make the next left onto Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

### **New Jersey Turnpike**

Turn off at Exit 9, bear right after the tollbooths and follow signs for Route 18 North - New Brunswick. Stay to the left to continue on Route 18 North. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

### **US Route 1**

Turn off at exit marked Route 18 North-New Brunswick. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

## **HOTELS:**

### **Embassy Suites**

121 Centennial Avenue  
Piscataway, NJ 08854  
(732) 980-0500

### **Radisson**

21 Kingsbridge Road  
Piscataway, NJ 08854  
(732) 980-0400

### **Hyatt Regency**

Two Albany Street  
New Brunswick, NJ  
(732) 873-1234

### **Hotel Somerset Bridgewater**

110 Davidson Avenue  
Somerset, NJ 08873  
(732) 560-0500

### **Holiday Inn – Somerset**

195 Davidson Avenue  
Somerset, NJ 08873  
(732) 356-1700

### **La Quinta**

60 Cottontail Lane  
Somerset, NJ 08873  
(732-560-9880

### **Doubletree**

200 Atrium Drive  
Somerset, NJ 08873  
(732) 469-2600

**New Jersey Swimming Short Course Junior Olympics**  
**Friday**

**13 and Over Preliminary Sessions**

Women's Event Number	Qualifying Time	Event	Qualifying Time	Men's Event Number
1	1:57.99	15/19 200 Free	1:49.29	2
3	2:03.79	13/14 200 Free	1:56.79	4
5	1:01.99	15/19 100 Back	56.79	6
7	1:04.89	13/14 100 Back	1:01.69	8
9	1:11.29	15/19 100 Breast	1:04.19	10
11	1:04.39	13/14 100 Fly	1:00.59	12
13	4:50.09	15/19 400 IM	4:29.59	14
15	2:21.69	13/14 200 IM	2:14.19	16
17		Open 800 Free Relay		18
19	11:37.29	13/14 1000 Free	11:14.49	20
21	11:12.09	15/19 1000 Free	10:27.29	22

**New Jersey Swimming Short Course Junior Olympics**  
**Friday**  
**12 and Under Timed Finals**

Women's Event Number	Qualifying Time	Event	Qualifying Time	Men's Event Number
23	2:12.69	11/12 200 Free	2:11.99	24
25	1:19.29	10/U 100IM	1:19.39	26
27	5:32.29	11/12 400 IM	5:35.89	28
29	36.49	10/U 50 Back	36.99	30
31	35.99	11/12 50 Breast	36.29	32
33	1:09.39	11/12 100 Fly	1:10.69	34
35	1:31.69	10/U 100 Breast	1:33.89	36
37	1:08.49	11/12 100 Back	1:08.99	38
39	2:33.99	10/U 200 Free	2:34.39	40
41		11/12 200 Free Relay		42
43	21:21.49	11/12 1650 Free	21:21.49	44

**New Jersey Swimming Short Course Junior Olympics**  
**Saturday**  
**13 and Over Preliminary Sessions**

Women's Event Number	Qualifying Time	Event	Qualifying Time	Men's Event Number
45	26.29	13/14 50 Free	24.19	46
47	5:18.69	15/19 500 Free	4:58.59	48
49	2:27.79	13/14 200 Fly	2:21.49	50
51	1:00.59	15/19 100 Fly	55.19	52
53	2:42.49	13/14 200 Breast	2:33.19	54
55	2:15.59	15/19 200 IM	2:03.79	56
57	5:02.49	13/14 400 IM	4:48.29	58
59	54.79	15/19 100 Free	49.19	60
61		13/14 400 Free Relay		62
63		15/19 400 Free Relay		64
65	19:21.69	13/14 1650 Free	18:50.29	66

**New Jersey Swimming Short Course Junior Olympics**  
**Saturday**  
**12 and Under Timed Finals**

Women's Event Number	Qualifying Time	Event	Qualifying Time	Men's Event Number
67	1:08.99	11/12 100 IM	1:08.99	68
69	31.09	10/U 50 Free	30.99	70
71	31.99	11/12 50 Back	31.99	72
73	41.79	10/U 50 Breast	42.59	74
75	1:00.29	11/12 100 Free	1:00.09	76
77	1:24.89	10/U 100 Fly	1:25.89	78
79	2:50.79	11/12 200 Breast	2:54.49	80
81		10/U 200 Free Relay		82
83	2:45.39	11/12 200 Fly	2:46.19	84
85	7:05.89	10/U 500 Free	7:03.89	86
87	12:56.49	11/12 1000 Free	13:00.49	88

**New Jersey Swimming Short Course Junior Olympics**  
**Sunday**  
**13 and Over Preliminary Sessions**

Women's Event Number	Qualifying Time	Event	Qualifying Time	Men's Event Number
89	25.39	15/19 50 Free	22.89	90
91	5:35.59	13/14 500 Free	5:17.19	92
93	2:17.39	15/19 200 Fly	2:06.49	94
95	2:19.09	13/14 200 Back	2:13.49	96
97	2:14.19	15/19 200 Back	2:03.99	98
99	56.69	13/14 100 Free	53.29	100
101	2:34.79	15/19 200 Breast	2:21.89	102
103	1:14.09	13/14 100 Breast	1:09.19	104
105		15/19 Medley Relay		106
107		13/14 Medley Relay		108
109	18:45.59	15/19 1650 Free	18:00.99	110

**New Jersey Swimming Short Course Junior Olympics**  
**Sunday**  
**12 and Under Timed Finals**

Women's Event Number	Qualifying Time	Event	Qualifying Time	Men's Event Number
111	2:29.69	11/12 200 IM	2:30.29	112
113	2:54.19	10/U 200 IM	2:57.59	114
115	27.69	11/12 50 Free	27.59	116
117	35.49	10/U 50 Fly	35.89	118
119	2:30.29	11/12 200 Back	2:31.29	120
121	1:09.29	10/U 100 Free	1:09.69	122
123	1:19.09	11/12 100 Breast	1:19.29	124
125	1:19.19	10/U 100 Back	1:20.49	126
127	30.69	11/12 50 Fly	30.89	128
129		10/U 200 Medley Relay		130
131		11/12 200 Medley Relay		132
133	5:58.29	11/12 500 Free	5:58.29	134



# New Jersey Swimming Inc.

## Official Meet Verification Form

Club Name: \_\_\_\_\_ Club Code: \_\_\_\_\_

Club E-Mail Address: \_\_\_\_\_

Head Coach's Name: \_\_\_\_\_

Club Address: \_\_\_\_\_

\_\_\_\_\_



I hereby certify that all entered swimmers and coaches listed on the-waiver form for the **NEW JERSEY SWIMMING 2015 SHORT COURSE JUNIOR OLYMPIC CHAMPIONSHIPS** to be held on **March 20-22, 2015** are registered members of USA Swimming. All USA Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Signature cannot be photocopied)

Article 302.4 of the USA Swimming Rules and regulations.

**FALSE REGISTRATION:** An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

### **LIST ALL UNATTACHED SWIMMERS:**

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_



**NEW JERSEY  
SWIMMING**

**\*\*\*WAIVER\*\*\***

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against **USA Swimming, NJ Swimming, Berkeley Aquatic Club** and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we am/are USA Swimming and NJ Swimming registered athletes, and eligible to compete in all the events I/we have entered.

NAME OF CLUB: \_\_\_\_\_

USA-S CLUB ABBREVIATION: \_\_\_\_\_

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

\_\_\_\_\_ (Print Name)

\_\_\_\_\_ (Signature)

\_\_\_\_\_ (Address)

Name(s) of Coach(es) attending the meet: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**New Jersey Swimming Short Course Junior Olympics**  
**ENTRY SUMMARY**

TEAM: \_\_\_\_\_

USA-S CLUB CODE \_\_\_\_\_

<b>Names of Coaches</b>			
<b>Club Mailing Address</b>			
<b>Contact Person Regarding These Entries</b>			
<b>Phone No.</b>			
<b>Email:</b>			
<b>ENTRY FEE SUMMARY</b>			
<b>Number of 13-Over Prelim/Final Entries</b>		<b>x \$6.00 =</b>	<b>\$</b>
<b>Number of 1000/1650 Timed Finals Entries</b>		<b>x\$11.00 =</b>	<b>\$</b>
<b>Number of 12-Under Entries (non 1000/1650)</b>		<b>x \$5.00=</b>	<b>\$</b>
<b>Number of Relays</b>		<b>x \$8.00 =</b>	<b>\$</b>
<b>Number of Amendments</b>		<b>x \$5.00 =</b>	<b>\$</b>
<b><u>TOTAL:</u></b>			<b>\$</b>

**MAKE CHECKS PAYABLE TO "BLUE STREAK AQUATIC"**