

<b>Gingerbread Man Mini Meet</b> <b>Sunday, 9 November 2014</b> Held under the sanction of USA Swimming.	
<u>Meet Sanction #:</u>	<b>NJS110914SC</b> In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
<u>Host Club:</u>	Ridgewood YMCA
<u>Date of Meet:</u>	Sunday, 9 November 2014
<u>Location:</u>	Ridgewood YMCA 112 Oak Street Ridgewood, New Jersey 07450
<u>Facility Info:</u>	Habernickel Pool is a six-lane, 25 yard pool with Kiefer non-turbulent lane dividers and Paragon starting blocks. There is limited seating in Habernickel and swimmers will stay in the gym between events. Each team will be responsible for chaperoning their swimmers while they are in the gym. The gym will be cleared of swimmers and parents no later than 11:45 AM to allow YMCA programs to use the gym. The depth at the starting end is 8 feet and the depth at the turn end is three feet. <b>Grannon Pool will be closed throughout the warm-up and meet.</b>
<u>Pool Certification Statement:</u>	The competition course has not been certified in accordance with 104.2.2C(4). This rule requires that pools where World and National records are established need to be certified as to their compliance with pool length requirements of that rule. Times from this meet will be included in SWIMS so long as the swim is one of the standard events recognized by USA Swimming.
<u>Audio/Visual Recording Statement:</u>	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
<u>Meet Director:</u>	Bud Rimbault, 201.444.5600 X319
<u>Meet Referee:</u>	Ed Miller, 201.387.1696
<u>Meet Safety Marshal:</u>	Adam van Brandenburg, 201.444.5600 X319
<u>Entry Coordinator:</u>	<ul style="list-style-type: none"> <li>• Bud Rimbault</li> <li>• Email address: <a href="mailto:brimbault@ridgewoodymca.org">brimbault@ridgewoodymca.org</a></li> <li>• Telephone Number: 201.444.5600 x319</li> </ul>
<u>Entry Deadline:</u>	<ul style="list-style-type: none"> <li>• All entries will be accepted on a first come basis.</li> <li>• Meet Entries will be taken until the meet fills. Entry Deadline Date: Saturday, 25 October, 2014!</li> <li>• Send entries to: Bud Rimbault 112 Oak Street Ridgewood, New Jersey 07450 - OR - <a href="mailto:brimbault@ridgewoodymca.org">brimbault@ridgewoodymca.org</a></li> <li>• If you are not e-mailing your entries, then overnight or express mail is recommended, <b><i>but waive the signature.</i></b></li> <li>• It is not necessary to use overnight or express mail to send hard copy and check which are sent in support of an e-mailed entry.</li> </ul>
<u>Meet Format Waiver:</u>	The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include: <ul style="list-style-type: none"> <li>• To allow more swimmers to swim.</li> <li>• To conform to facility capacity limits or for facility safety concerns.</li> <li>• To condense the meet into smaller time frame.</li> </ul>
<u>Internet Website Posting:</u>	<ul style="list-style-type: none"> <li>• Meet Information and the Hy-Tek HYV will be posted on <a href="http://www.njswim.org">www.njswim.org</a> and <a href="http://www.teamunify.com/njrybst">www.teamunify.com/njrybst</a></li> </ul>

<u>Meet Requirement Statement:</u>	In order to be eligible for the New Jersey Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts towards those participation requirements.
<u>Coaches Eligibility:</u>	<ul style="list-style-type: none"> <li>All coaches “on the deck” must be current coach members of USA Swimming.</li> <li>Coaches must show coaching card for entrance to facility.</li> <li>Coaches must show coaching card before picking up any meet information or scratch sheets.</li> <li>Coaches must have coaching card visible at all times while on deck.</li> <li>Coaches must have a visible coach’s card when entering hospitality area or when asking for food at concessions.</li> </ul>
<u>Swimmer Eligibility:</u>	<ul style="list-style-type: none"> <li>All swimmers must be current members of USA Swimming to enter and compete in this meet.</li> <li>All swimmers must be listed on a team’s official entry form to be eligible to participate in this swim meet.</li> <li>All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team’s official waiver entry form.</li> <li>There are no time standards for this meet.</li> <li>New Jersey Swimming only allows swimmers to compete in a maximum of 3 individual events per day.</li> <li>Age for this meet is as of 9 November 2014.</li> </ul>
<u>USA-S Racing Start Certification Statement:</u>	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
<u>USA-S Deck Change Policy Statement:</u>	Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
<u>Meet Format:</u>	<ul style="list-style-type: none"> <li>This meet will be run in accordance to current USA Swimming Rules.</li> <li>This meet will be run as a timed final meet.</li> <li>This meet will be pre-seeded with all lanes and heats listed in the meet program.</li> </ul>
<u>Meet Schedule:</u>	<ul style="list-style-type: none"> <li>The building will open at 6:30 AM.</li> <li>Warm-up will divided team into three 25 minute sessions.</li> </ul>

**Meet Schedule:**

<b>Sunday, 9 November 2014</b>		<b>Warm-up</b>	<b>Start</b>
Session 1	8&Under Girls & Boys	6:45 A.M.	8:10 A.M.

<u>Warm-up Procedures:</u>	<ul style="list-style-type: none"> <li>Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes and sprint lanes.</li> <li>All swimmers must enter the pool from the starting end of the pool.</li> <li>New Jersey Swimming officials will monitor warm-ups.</li> <li>All general warm-up lanes will swim in a counterclockwise direction.</li> <li>The warm-up sessions will be three 25-minute warm-ups divided by teams.</li> </ul>
<u>Entry Times:</u>	<ul style="list-style-type: none"> <li>New Jersey Swimming does not allow ‘NT’ or ‘No Time’ to be used as an entry time.</li> <li>All entry times must be in short course yards.</li> </ul>
<u>Check-In:</u>	<ul style="list-style-type: none"> <li>There will be no check-in for this meet. All events will be pre-seeded.</li> </ul>
<u>Starts:</u>	<ul style="list-style-type: none"> <li>There will be no over the top starts used at this meet.</li> </ul>
<u>Awards:</u>	<ul style="list-style-type: none"> <li>Medals will be awarded for the top 3 swimmers in each individual event.</li> </ul>

<u>Entry Fees:</u>	<ul style="list-style-type: none"> <li>• Individual Entry Fee: \$4.00</li> <li>• Make checks payable to: <b>Ridgewood YMCA</b></li> </ul>
<u>Admissions and Programs:</u>	<ul style="list-style-type: none"> <li>• Admission will be \$5.00 per adult, children 12&amp;under are free.</li> <li>• Cost of Program will be \$3.00 for the entire meet.</li> </ul>
<u>Entries:</u>	<ul style="list-style-type: none"> <li>• In accordance with NJS policy, team entries may be submitted by E-mail to Bud Rimbault at <a href="mailto:brimbault@ridgewoodymca.org">brimbault@ridgewoodymca.org</a>.</li> <li>• All entries must be Hy-Tek program entries as an attached file to an e-mail.</li> <li>• The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone.</li> <li>• An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry.</li> <li>• Accuracy of seed times is essential. Incomplete entries will not be accepted.</li> <li>• Deck entries will not be accepted. No phone or faxed entries will be accepted.</li> <li>• Team entries will be sent to each team via email.</li> </ul>
<u>Results:</u>	<ul style="list-style-type: none"> <li>• The TM meet results file will be e-mailed to all participating teams.</li> </ul>
<u>Host Club Responsibilities:</u>	<p>The host club responsibilities:</p> <ul style="list-style-type: none"> <li>• The host club will provide all timers for each lane through out the meet.</li> <li>• The host club will e-mail all club entries back to the participating clubs.</li> <li>• The host club will create a warm-up schedule that will be fair and equitable to all teams. This warm-up schedule will be e-mailed to all participating clubs no later than 1 week before the meet.</li> </ul>
<u>Participating Club Responsibilities:</u>	<ul style="list-style-type: none"> <li>• Participating club parents must stay off the pool deck.</li> <li>• Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.</li> </ul>
<u>Concessions:</u>	There will be a concession stand with healthy and refreshing food and drinks available throughout the meet.
<u>Directions:</u>	Take the Garden State parkway north to exit 163. Then take Rt. 17 North to the Linwood Ave. /Ridgewood exit. Continue over Rt. 17 on Linwood Ave. to the end. At the flashing light turn left, the YMCA will be a block and a half on the right. Turn right into the parking lot.

**GINGERBREAD MAN MINI MEET**  
**SUNDAY 9 NOVEMBER 2014**  
**SCHEDULE OF EVENTS**

<u>Girls</u> <u>Evt. #</u>	<u>Age Group</u> <u>Event</u>	<u>Boys</u> <u>Evt. #</u>
#1	8 & Under – 50 Freestyle	#2
#3	7 Year Old - 25 yd. Freestyle	#4
#5	6 & Under – 25 yd. Freestyle	#6
#7	8 Year Old - 25 yd. Breaststroke	#8
#9	7 & Under - 25 yd. Breaststroke	#10
#11	8 Year Old – 25 yd. Freestyle	#12
#13	6 & Under – 25 yd. Backstroke	#14
#15	7 Year Old – 25 yd. Backstroke	#16
#17	8 Year Old – 25 yd. Backstroke	#18
#19	7 & Under – 25 yd. Butterfly	#20
#21	8 Year Old – 25 yd. Butterfly	#22
#23	8 & Under – 100 IM	#24

**Warm Up: 6:45 A.M.** (Split Warm-ups: three 25 minute warm-ups divided by teams with the last 10 minutes of each warm-up sprints lanes. **Session Start Time: 8:10 AM.**

**NEW JERSEY SWIMMING**  
**'Gingerbread Man Mini Meet' 2014**

SUNDAY, 9 November 2014

\*\*\*WAIVER\*\*\*

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, **Ridgewood YMCA** and the **Ridgewood YMCA Swim Team** and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and eligible to compete in all the events I/we have entered.

NAME OF CLUB: \_\_\_\_\_

USS CLUB ABBREVIATION: \_\_\_\_\_

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

\_\_\_\_\_ (Print Name)

\_\_\_\_\_ (Signature)

\_\_\_\_\_ (Address)

\_\_\_\_\_ (Telephone)

NAME(S) OF COACH(ES): \_\_\_\_\_

LOCATION OF CLUB: \_\_\_\_\_ (City) \_\_\_\_\_ (State)

NAME/PHONE #/E-MAIL ADDRESS of person to contact regarding this entry:

\_\_\_\_\_

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO CONTACT REGARDING TIMERS/OFFICIALS:

\_\_\_\_\_

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO RECEIVE FINAL RESULTS:

\_\_\_\_\_

.....  
**ENTRY** \_\_\_\_\_ Individual Event Entries @ \$4.00 = \$ \_\_\_\_\_

**FEE**  
**SUMMARY:**

TOTAL ENTRY FEES = \$ \_\_\_\_\_

**MAKE CHECKS PAYABLE TO: Ridgewood YMCA**

Contact Person Regarding These Entries: \_\_\_\_\_

# New Jersey Swimming Inc.

## Official Meet Verification Form

Club Name: \_\_\_\_\_ Club Code: \_\_\_\_\_

Club E-Mail Address: \_\_\_\_\_

Head Coach's Name: \_\_\_\_\_

Club Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



NEW JERSEY  
SWIMMING

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the **Gingerbread Man Mini Meet** to be held on **9 November 2014** are registered members of New USA Swimming. All USA Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Signature cannot be photocopied)

Article 302.4 of the USA Swimming Rules and regulations.

**FALSE REGISTRATION:** An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

**LIST ALL UNATTACHED SWIMMERS:**

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_