

2014 Boys & Girls Club National Swimming Championships Warm-up Lane Assignment Information

	Friday Timed Finals	Saturday & Sunday Prelims		Saturday & Sunday Finals
Teams				
	3:30-4:50pm	7:30-8:30am	8:30-8:50am	3:30-4:50pm
BGNW	General Warm-up	Lanes 1-6	General Warm-up	General Warm-up
TEAM-NE		Lanes 7-10		
CBGC		Lanes 11-12		
GNBC		Lanes 13-14		
TAC		Lanes 14-15		
TBGT/PRDE/FXPT		Lane 16-18		
DMARR/NGBC		Lanes 19		
NPROV/WORC		Lanes 20		
CVST		Lanes 21-22		

Lane 1 is at the Bay (East) end of the facility and lane 22 at the Building (West) end.

On Friday there are no team warm-up assignments.

All teams are required to warm-up in their designated lanes for the first 60 minutes of the Saturday and Sunday preliminary sessions.

For the last 20 minutes of Saturday and Sunday preliminary sessions there will be no team lane assignments.

Lanes with blocks numbered 3 and 7 in each of the competition courses will be designated as sprint lanes and the outside buffer lanes will be designated as pace lanes for the last 30 minutes of each warm-up session.

All swimmers are to enter the pool feet first with one hand on the deck during warm-ups.