9/10 North Silver/Bronze Championships 2012



	at S	t. Peter's College		
	Saturday	Warm-up	Check-in	Start
Session 1	Girls 10/Boys 9	8:00AM	8:30	9:05
Session 2	500 FREES	11:30	11:30	Noon
Session 3	Girls 9/Boys 10	1:00PM	1:30PM	2:05PM
	Sunday	Warm-up	Check-in	Start
Session 4	Girls 10/Boys 9	8:00AM	8:30	9:05
Session 5	Girls 9/Boys 10	11:25	11:55	12:30

WARM-UP ASSIGNMENTS Entry into the pool from the block end.

SESSION 1		<u>SESSION 2</u>	SESSION 3	
8:00	8:30	10:30	1:00	1:30
CAT	CBGC	500 FREE's	CAT	EAG
BB	EAG		BB	JG
BMS	JG	ALL	BMS	NJW
CCC	NJBL	SWIMMERS	CBGC	RHSC
JFAC	NJW		CCC	RY
SKYY	RANY		JFAC	SKYY
WAVE	RY		RANY	WEY
WFY	SCY		SCY	WFY
	ALL OTHERS			ALL OTHERS

SESSION 4		SESSION 5	
8:00	8:30	11:25	11:55
CAT	BB	CAT	BB
CBGC	BMS	EAG	BMS
EAG	CCC	JG	CBGC
JG	JFAC	NJW	CCC
NJBL	SKYY	RHSC	JFAC
NJW	WAVE	RY	RANY
RANY	WFY	SKYY	SCY
RY	ALL OTHERS	WEY	ALL OTHERS
SCY		WFY	

TIMING ASSIGNMENTS

SATURDAY AM /SESSION 1

		GIRLS 10/BO	YS 9		
LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
NJW	JG	SKYY	CCC	RY	SCY
		Alternates	: BB, BMS		

SATURDAY/ 500 FREE'S

ALL 9/10's

Swimmers need to provide their own timers and lap counters

	5	SATURDAY P	M/SESSION 3	3	
		GIRLS 9/	BOYS 10		
LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
EAG	RANY	WFY	BMS	JFAC	CBGC
		Alternates: \	VEY, RHSC		
		SUNDAY AN	//SESSION 4		
		GIRLS 10)/BOYS 9		
LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
SKYY	BMS	JFAC	JG	BB	RY
		Alternates: \	WFY, RANY		
		SUNDAY PN	I/SESSION 6		
		GIRLS 9/	BOYS 10		
LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
NJW	EAG	RANY	CCC	RY	WFY
		Alternates:	JFAC, WEY		
	A timer from t	ne host team v	will be on each	lane as well.	

A limer from the flost team will be on each lane as well.
Timers need to have their own stopwatches.
Timers are required to be on their lane for the entire session.
All teams without timing assignments need to be ready
to be alternate timers.