

Autumn Cup

Sunday, November 1, 2009

Session I: 8 & Under

Doors Open: 7:15 AM
 Warm-Up: 8:00 – 9:00 AM
 Meet Start: 9:00 AM

Session III: 9 – 10 & 11-12

Doors Open: 12:30 PM
 Warm-Up: 1:00 – 2:00 PM
 Meet Start: 2:00 PM

Session II: 13 & Over

Doors Open: 10:00 AM
 Warm-Up: 10:30 – 11:00 AM
 Meet Start: 11:00 AM

Positive check-in required for all swimmers by their coaches. Coaches must submit check-in form to the computer table located in the pool area no later than 8:45 a.m. for Session 1, 10:45 a.m. for Session 2 and 1:45 p.m. for the Session 3. Coaches may pick up their packet at the admissions table located at the entrance. As approved by New Jersey Swimming, this meet uses the “No-Recall” procedure for false starts. Swimmers will be marshaled from the GYM.

Timing Assignments

	Session I		Session II	
Lane 1	CBGC	SAC	CBGC	NPR
Lane 2	CBGC	STVN	CBGC	NJBL
Lane 3	CBGC	WAVE	CBGC	RHSC
Lane 4	CBGC	BB	CBGC	TWST
Lane 5	CBGC	RVYM	CBGC	NPR
Lane 6	CBGC	RHSC	CBGC	TWST

	Session III			
Lane 1	CBGC	DESC		
Lane 2	CBGC	WFY		
Lane 3	CBGC	TWST		
Lane 4	CBGC	SAC		
Lane 5	CBGC	NJBL		
Lane 6	CBGC	RHSC		